



# The Retreat Newsletter September/October 2016 Volume 13, Issue 4



## LET'S HEAR IT FROM THE KIDS!!!

### FISHING

By Ryan Borosky



This Mahi Mahi or bull dolphin was caught out of the St. Lucie Inlet, and I caught him on live bait. It was a whopping 50 pounds and provided a lot of good meals. I also enjoy fishing in the Retreat lakes where the bass are big and plentiful. Good luck fishing everyone!

### What Was Our Favorite Part of the Summer Break?

By Kaitlyn, Samantha and Carly Wolf

Kaitlyn Wolf (age 6) -When we went to New York. I saw the Statue of Liberty and the Rockettes. And when we went to the American Girl store.

Samantha Wolf (age 8) -When we went to Hershey Park. We went on lots of rides. My favorite rides were Laff Trakk, a roller coaster that spins around and Frontier Flyers, it is like you are really flying but in circles

Carly Wolf (age 9) - my favorite parts of the summer break were staying at my Uncle Mark and Aunt Denise's house and playing with my cousins Katen and Keira. When my Aunt Noel took us to the Garden of Reflection and when I went to surf camp.

### OUR SUMMER

By Mia and Madison

Me and my sister Maddie started our summer with one week of doing nothing. After that, we started extended day at Palm City Elementary. We had an amazing time and saw our friend, Izzi. There were lots of field trips, like going to the YMCA to skate. After that, we went to Marasco Ranch where we got to ride horses. It was hot, but it was a fun camp and we had a great time. It was our birthday in July and we had a skate party at the YMCA skate rink.

This week, we went to our open house to meet our teacher and that was fun to see who was going to be in our class. Madison and I are twins, but we are not in the same class. That was our fun summer holiday.

Bella Wiley

Article on page 2



Amelia J. Yanora

Article on page 2

## MY SUMMER VACATION

As told by Bella Wiley

We started out on a six-week RV trip on July 4<sup>th</sup>, stopping in Brooksville for a cookout with my brother, Cameron. From there we rode in our RV to Mammoth Cave National Park. It was spooky to walk two miles through a large, dark cave. The lowest point in the cave was 310 feet then we had to climb more than 200 stairs to get back to the surface. It also was cold in the cave, but when we got out, it was 95 degrees. I suggested they serve hot chocolate for free! The camp we stayed at was Jellystone. It had a big water slide, two pools and several big jumping pillows. I didn't want to leave but we headed west through St. Louis. Lots of corn and soybeans growing in Missouri. Next Kansas where they were harvesting wheat. Our final destination was Buena Vista, Colorado.

Before we got there, we were camped on the open prairie. Suddenly, a mini "dirt-nado" (a fast, strong, dust storm) came out of nowhere, swirled around and bent and twisted the awning on our RV. It was so bad, we had to go somewhere and have someone remove the awning.

We were glad to get to the protection of the mountains.

We went to Mount Princeton and slid down a giant water slide into a pool built over hot springs. Another fun water activity we did was whitewater rafting. My aunt and cousin came from Denver and we all went down Clear Creek. Lots of screaming! My grandma's favorite water event was tubing down freezing cold Clear Creek. She had a hard time getting to the side of the river and getting out.

One day we rode up the Cog Railway to the top of Pike's Peak. It took us an hour to get to 14,100 feet. It was hard to breath up there but I felt like I was on top of the world.

On our way home, we travelled south to Santa Fe, New Mexico and through the very long boring desert part of New Mexico and Texas. After travelling 4,725 miles and passing through 13 states and seeing, plains, farms fields, sun flowers, and deserts, I was glad to be back home in flat Florida in my own room with my friends.

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**TO ADVERTISE IN THE RETREAT NEWSLETTER,  
CONTACT CONI MC GUINN AT 545.3465.**

## Samantha Wolf

By Marsha Levine, Artist and Art Teacher

Having introduced Samantha Wolf to the Retreat in a former issue of the newsletter, it is my pleasure to update her progress.

She is a wonderfully smart and talented young artist. She continues to enjoy drawing figures, but also became very interested in owls. So we have researched and studied all about the different varieties of owls. She has made many paintings of them. It is important for artists to draw and paint what they like and what interests them. She also likes drawing fish!

I am still quite impressed with Samantha's abilities. She never ceases to amaze me. Keep up the great work, Samantha!



## My Summer Vacation

By Amelia J. Yanora

This summer we went to Tennessee. We drove all the way there and it was a really, really long drive. When we got there, we went to a campground and fancy camped in a Safari tent that had air conditioning. My mom wanted the A/C!! There was a playground there too, but we didn't play because there were too many bees. On our first day, we went into the town called Gatlinburg and went to an awesome aquarium. My favorite part was seeing the penguins. We also went to the Guinness Book of World Records Museum. There were a bunch of really fun games at the museum. No one else was there yet, so we got to play as long as we wanted. We rode a ski lift up a mountain to ride an alpine slide and we got to go on an alpine roller coaster too.

My mom got sick of Gatlinburg and made us go for a hike in the woods, but I walked into some bees and one stung me near the eye. When I tried to get the bees away from me, I smacked myself in the head!! I hated that part and didn't want to go back into the woods. My mom and dad wanted to go to a place called Clingman's Dome. Luckily, it wasn't in the woods, but it was a steep walk to the top. There were a lot of people stopping to rest along the way. When we made it to the top, there were a lot of people up there and the weather was a lot cooler.

My two favorite parts of the whole trip were seeing a black bear walking down the road and our horseback ride in the mountains. I really thought the mountains were beautiful and I can't wait to go back.



## A LITTLE UPDATE on the RETREAT ASSISTANCE NETWORK (RAN)

By Audrey DeLoffi

Did you know that the Retreat Assistance Network (RAN) has been in existence since 2008? At that time a group of Retreat residents, including Muriel Barry, Alice Bernhardt, Marie Ferrandino, Sue Harris, Peggy Johnson, Sandy Goldfarb, Virginia Darcy along with Kay Bowen-Smith, Sally Troiani, Pat Taylor and Gene Gillis got together and founded a program to help our residents who needed short-term services to remain in their homes. Over the years RAN's volunteers have provided grocery shopping, prescription drug and mail pick-ups, transportation to medical appointments, telephone check-ins, meal preparation and health clinics and seminars. At this time, the three sustainers of the program, Muriel Barry, Alice Bernhardt and Marie Ferrandino, have decided to pass the baton to new leadership. Wishing to keep the program going, Audrey DeLoffi, former President of the Women's Club,



Muriel Barry



Alice Bernhardt



Marie Ferrandino

has volunteered to revitalize the program. In the fall, Audrey will be seeking input from Retreat residents as to what short-term services are most needed, and we will then develop a new mission statement. From there we will determine how to deliver those services and recruit new and old volunteers to help. If you have thoughts and ideas, please contact Audrey at 772.245.8420 or [ay.deloffi@gmail.com](mailto:ay.deloffi@gmail.com). She is most interested in continuing the vision of the RAN founders and revitalizing this caring service to better assist our Retreat residents in need.



## *The Women's Club of The Retreat* *Come Join Us!*

Why join the Women's Club?

*Women's Club is about: Fun and Friendship! Making new friends and keeping the old...*

The primary mission of the Women's Club is to promote:

**social, educational, cultural and charitable activities**

for the women in the community. We do that by offering monthly:

**Meetings, Luncheons, Events and Activities**

each month of our Activity year: October through and including May.

Membership Year begins April 1<sup>st</sup> and runs through March 31<sup>st</sup>

Each Monday (*3<sup>rd</sup> Monday of each month*) Night  
meeting focuses on: **education** and/or **entertainment**.

Also, it is the Women's Club who gives:

1. A significant portion of the dues to purchase food in the amount of \$100/month for groceries, even during summer months to the Charity: **House of Hope**.
2. An annual gift to the Retreat Community.
3. Support to members by: remembering birthdays and other happy or sad occasions.
4. The Women in the community a chance to meet and mingle with other women in the Retreat.

***Lifelong friendships have been developed through membership in the Women's Club***



## WHAT'S UP AT THE WOMEN'S CLUB????

By Mona Wiley

So, you've just moved to the Retreat? Maybe you've lived here since the first residents moved in. You just got back from the northern home and many times the question: has been asked of you "What does **Hobe** stand for and what is a **Sound?**" Well, it is an unincorporated Village, and "**Sound**" is an **inlet** off a major body of water. The name dates back to the late 1600's when a British merchant ship known as the *Reformation*, sank off the coast just north of Jupiter Inlet. Twenty-five refugees were forced ashore, leaving behind a cargo of sugar, rum, beef, molasses and Spanish currency. Once ashore, Captain Jonathan Dickinson and crew encountered two local Indian tribes. One tribe to the north was known as the Jove/Jobe' Indians. To the south were the Tekeestas – now known as the town of Tequesta. In Spanish "J" is pronounced as an "H" and the b' is pronounced "bay". Thus the probable pronunciation is actually Hob-ay Sound.

Hobe Sound's roots were associated with a Spanish Land Grant called, "The Gomez Grant". This was a Spanish Land Grant of 12,000 acres including the entire Jupiter Island and an 8,000 acre block on the mainland. After 20 years of challenges by the U.S. Government, Don Eusebio Gomez finally won clear title to the land and later sold an acre for \$1.00. Minimal sales and development took place, but fast forward to the 1930's when the Reed family became active in both the development and protection of Hobe Sound and surrounding Martin County. Image what an acre of land would cost you today?! (*This information was printed in this Spring's edition of North Hobe Sound Resource Guide, Anthony Sementelli, Publisher*)

Interested? Visit the Lighthouse Museum and you'll read a lot more about how this area was developed. Henry Flagler certainly influenced the commerce of the area by bringing the Flagler railroad. The Women's Club has taken tours through the Lighthouse and visited the Flagler Museum in West Palm Beach. It's just two of the many, many activities our club plans every year.

Many of our past officers and our new ones have spent a lot of time this summer developing places to go, places to eat and things to do. Consult this newsletter, or check your Event Directory or check the bulletin board in the post office for all the activities and how to get involved.

**October 5<sup>th</sup> – Wednesday – McCarthy's Wildlife Sanctuary** in West Palm Beach. Tour is an hour and begins at 11:00am. Wanna go? Cost is \$35.00 and Mickey Vernacchio needs your \$\$ by September 21<sup>st</sup>.

Meet at the clubhouse by 10am to carpool. Mickey's phone 546.4236.

**October 8<sup>th</sup> and 9<sup>th</sup> – Saturday and Sunday** Treasure Coast Community Singers perform "**Curtains Up**" on **Broadway** at 3pm at North Stuart Baptist Church, 1950 N. Federal Hwy. in Stuart. Advance tickets are \$15. Dottie Williams can give you more information 546.3866.

**October 17<sup>th</sup> – Monday** is our **first monthly meeting** of this season. Gather at 6:15pm in the clubhouse. There will be goodies for you to sample and people for you to meet or greet those who've been gone part or all of the summer. Let's support our new slate of officers.

**October 19<sup>th</sup> – Wednesday.** – **Lunch Bunch** goes to **Pirate's Cove** in Stuart. Sign up in the mailroom and meet to carpool at 12:00pm. If you have a ride, please swing by the clubhouse and just inform Helen Larcom (545.0737) or Lill (545.3732).

**November 2<sup>nd</sup> – Wednesday** – Join us on an historical tour of **Captain Sewall's Home and Tuckahoe Mansion** in Jensen Beach, Indian Riverside Park. Luncheon to follow at Dolphin Bar and Shrimp House. This **free tour** will begin at 11:00am. Meet at the clubhouse by 10am to carpool. Stephanie Milazzo is our hostess 245.8615 or oceandaze27@att.net

There will be more activities for November and December, but I'll cover that in the next edition.

Thank you sooo much to **Marilyn Patterson** and her other helpers who have kept the Retreat crew here active in lunches and summer trips. Recently they had lunch and then went to the **St. Lucie Aquarium**. Did you know we had an aquarium nearby?

## A GREAT EVENING

By Marilyn Patterson

Fifteen of our Women's Club members went to the Prawnbroker Grill on Wednesday evening as one of our many summer activities. It was really nice. We had a couple new members attend. It really is a sisterhood of great women!



## Our Friend, Mary Regan

By Coni McGuinn, Mary Paukstys,  
Audrey Ruggier

Mary Regan was one of the founders of the Women's Club. Once our clubhouse was completed, it became a place to gather for social events. From those events and friendships forming, the Women's Club was organized.

Mary was intrinsically involved in writing the by-laws, setting up social events and was elected to be the first secretary.

Mary was a wonderful person full of exuberance! Her smile lit up a room, and she had many friends. Mary was a kind, sweet person and a listener who was always there for you! She will be greatly missed by all who knew her.



*The 2004  
Founding Board  
Officers of the  
Women's Club of  
the Retreat.  
Sitting is  
President Mary  
Paukstys,  
standing is Vice  
President  
Brenda Frank,  
Secretary Mary  
Regan, and  
Treasurer Coni  
McGuinn.*



Total Food Collected

**HOUSE of HOPE**

Women's Club Outreach Committee

### HELPING THOSE IN NEED

**DONATE OR PURCHASE NON-PERISHABLE FOOD THAT IS WITHIN THE EXPIRATION DATE TO OUR MAIL ROOM. PLACE THE FOOD INTO THE HOUSE OF HOPE BIN. HELPING THOSE IN NEED. THE HOUSE OF HOPE TAKES FROZEN AND REFRIGERATED FOOD AS WELL. YOU CAN EITHER DROP IT OFF AT THE WURSTER RESIDENCE (8883 SE RETREAT DRIVE) OR CALL THEM AT 546.3248 FOR PICK-UP.**

### THE PERFECT WOMEN'S CLUB

I INVITE YOU TO JOIN THE PERFECT WOMEN'S CLUB  
THE APPLICATION IS SITTING ON THE DESK  
THE FOLLOWING WILL NOT DETERMINE ACCEPTANCE  
WEIGHT, HEIGHT  
AGE  
HAIR COLOR  
CERTAINLY NOT BREAST SIZE  
EDUCATION WILL MAKE LITTLE DIFFERENCE UNLESS IT'S USED WISELY  
THERE IS NO ONE TO COMPETE WITH  
ACCEPTANCE IS ALMOST ALWAYS GUARANTEED  
WHAT ARE WE LOOKING FOR YOU MIGHT ASK  
HAVE YOU CRIED?  
HAVE LAUGHED?  
DOES YOUR HEART POSSESS THE CAPACITY FOR LOVE  
DO YOU SING ALONG WITH THE RADIO  
HAVE YOU SMILED, REALLY SMILED?  
HAVE SOME OF YOUR DREAMS COME TRUE?  
ARE THERE STILL DREAMS WAITING TO UNFOLD?  
YOU CAN BE SHY OR OUTGOING  
YOU DON'T HAVE TO BE ANYONE ELSE  
FLAWS ARE IMPORTANT  
THEY ARE WHAT MAKE YOU UNIQUE  
DOUBTS AND CONFIDENCE  
FORWARD AND RESERVED  
DOING THE BEST YOU CAN TODAY  
IT'S OKAY IF YOU HAVE FAILED  
ARE YOU STILL SMILING?  
IT'S EVEN OKAY IF YOU ARE CRYING  
YOU JUST HAVE TO BE YOU  
NO NEED TO CHANGE FOR ANYONE  
IF YOU WANT TO CHANGE THAT IS OKAY  
YOU WILL REINVENT YOURSELF MANY TIMES  
PERFECT IN IMPERFECTION  
A PROUD MEMBER OF THE PERFECT WOMEN'S CLUB



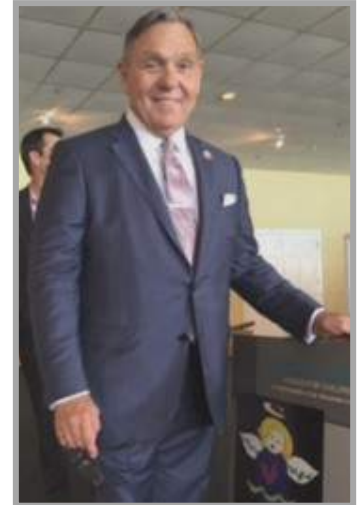
# SUMMER PICNIC

By Marilyn Patterson

Forty Women's Club members, spouses and friends attended the Summer Picnic sponsored by the Women's Club on Saturday, July 9th at the Clubhouse. We had lots of good food and lots of fun socializing. Some of our group enjoyed the pool at the Clubhouse which is really beautiful now—very warm and perfect for swimming! Maybe we can make this an annual summer event.



On Friday, June 3, The Women's Club of the Retreat was recognized and awarded a beautiful plaque for donating the most money to  
Voices for Children in 2016.  
**Jim Pawlak** was also given an award for his tireless efforts to help the children in need who are assigned to the 19th Circuit system.



## Board of Directors, Property Manager and Committees

By John H. Clifford, President and Treasurer, Retreat at Seabranche Home Owners Association

I am sure you are aware that it takes the tireless efforts of many volunteers and some paid staff to monitor all of the daily activities at The Retreat. The common goal of all the volunteers and the property manager is to make The Retreat one of the best places to live in Martin County. Detailed below is a brief overview of The Retreats governance structure.

The Board of Directors (BOD) are elected by the membership or homeowners of The Retreat. The BOD is elected to a two year term on a staggered basis. In February 2017 there will be three (3) BOD positions up for election. The BOD responsibilities include but are not limited to enforcing the rules, regulations and restrictions otherwise known as the governing documents, establishing an annual budget and approving contracts for services, and monitoring the associations financial health.

The Retreats property management company works for the BOD on a contractual basis. The current property manager (PM) is Robert Ireton-Hewitt. The on site PM works 40 hours a week his office is located at the Clubhouse side entrance, and has office hours are Monday, Wednesday and Fridays from 8:00am to 11:00 am. Under the supervision of the BOD, the PM is responsible for handling the day to day business activities at The Retreat. These responsibilities include but are not limited to, monitoring vendor and contractor activities, meeting with residents, handling resident complaints, processing quarterly HOA dues, paying vendors, generating monthly financial statements and identifying rules and regulation violations.

The BOD also approves and appoints volunteer committees that monitor specific areas of The Retreat. The committees meet to discuss various topics that affect their areas of oversight and provide their thoughts and comments to the BOD. Existing committees include Clubhouse, Landscape, Finance, Social, Architectural Control, Covenants, Communications, Neighborhood Watch and Drainage. I will take the liberty of mentioning just a couple committees responsibilities. The Clubhouse Committees primary responsibility is to ensure the Clubhouse and surrounding facilities are maintained to the highest level possible, within the constraints of the annual budgeting process. The Landscape Committee is primarily responsible for monitoring the landscaping of The Retreats common areas. The Finance Committee, monitors the financial health of the homeowners association. The Social Committee organizes community wide social events. The Architectural Control Committee reviews and decisions all resident applications for exterior enhancements to homes and landscaping.



## **COFFEE DROP IN!**

**SATURDAY, OCTOBER 15th**

**9AM RETREAT CLUBHOUSE**

**NEW RESIDENT  
WELCOME!**

**CALLING ALL NEW AND  
LONG TIME RESIDENTS TO  
"DROP IN" TO THE  
CLUBHOUSE AND**

**ENJOY A COFFEE WITH US!  
GOT A QUESTION...**

**WE'VE HERE TO HELP—  
...WITH LOCAL INFO**

**...OUR COMMUNICATIONS  
RESOURCES...IT'S A BLAST!**

**...KNOW THE RULES!**

**...LOOKING TO PARTICIPATE!**

**WE HAVE COMMITTEES...  
AND MORE FUN STUFF,  
TOO!**

**LEARN ABOUT WHAT THE  
RETREAT HAS TO OFFER YOU AS  
YOU BEGIN YOUR RESIDENCE  
HERE AT ONE OF THE MOST  
BEAUTIFUL COMMUNITIES IN  
MARTIN COUNTY.**

**ALL RESIDENTS ARE  
welcome...just drop in!**

**For more information:**

**Pam: [retreatpam@gmail.com](mailto:retreatpam@gmail.com)**

**Marlene: [Marleneboobar@hotmail.com](mailto:Marleneboobar@hotmail.com)**



## **Wild Pig Update** By Robert Ireton-Hewitt

We have hired John Schierbaum from Danger Trappers to deal with the wild pig issue. Since being hired he has been able to eliminate ten pigs to date. If you see wild pigs on Retreat property or are having an issue with pigs digging up your lawn, please contact John Schierbaum. The number is 772.224.7574 he can be called day or night.

## **ADT Security Community Association Newsletter**

By Bari Siegall, Community Association  
Program Liaison

The latest edition of ADT Security's Community Association Team Newsletter is on your Retreat WEB site. Feel free to share this information with your community's board of directors and residents. Please call me if you have any questions or ever need any assistance. I am always available to help you.

### **ADT Security Services**

2801 Gateway Drive  
Pompano Beach, FL 33069  
Tel: 954.926.8193  
Cell: 954.495.5187  
[bsiegall@adt.com](mailto:bsiegall@adt.com)

[www.adt.com/community-associations](http://www.adt.com/community-associations)

Editorial comment: Gene Gillis has all of the ADT newsletters on our WEB site:

[www.retreatatseabranh.com/1\\_newsletter.htm](http://www.retreatatseabranh.com/1_newsletter.htm)

## **FIRST FRIDAYS**



**First Friday of  
EVERY MONTH  
October thru June**

*Come meet and join your  
neighbors for a friendly  
gathering at the  
Clubhouse on the First  
Friday of every month.  
Bring an appetizer to  
share and your own  
beverage.  
No reservation required.  
5:00pm until 7:00pm*



# ALLIGATORS

By ROBERT IRETON-HEWITT, RETREAT PROPERTY MANAGER

I am sure that it will come as no surprise that the Retreat is teeming with wildlife like White Tail Deer, Raccoons, Possum, Sandhill Cranes, Armadillos, Bobcats, Hogs, and snakes of all kinds. One of the more misunderstood wild animals are alligators. They are also abundant in the lakes and waterways that surround us and are in the lakes of the Retreat. These are one of the many reasons that we do not allow swimming, boating, playing in or the use of personal floatation devices in any of the lakes of the Retreat. Below I have listed some safety tips and common myths that may help you in the Retreat or outside of the Retreat.

## Alligator Safety Tips

- Leave alligators alone. State law prohibits people from killing, harassing, molesting or attempting to move alligators. The potential for being bitten or injured by a provoked alligator is high.
- NEVER feed or entice alligators—it is dangerous and illegal. Alligators will overcome their natural fear of humans and associate them with food.
- Closely supervise children when playing in or around any body of water. Never allow small children to play by themselves near water.
- Swimming is not allowed in the lakes here at the Retreat but if you are in an area that does allow swimming do not swim outside of posted swimming areas or in waters that might contain alligators. Swim only during daylight hours. Alligators most actively feed at dusk, dawn or at night.
- Don't allow pets to swim, exercise or drink in waters not known to be free of alligators or in designated swimming areas with humans. Dogs suffer many more attacks than humans do, probably because dogs more closely resemble natural prey items of large alligators. Alligators are more likely to attack small animals than larger ones.
- Never remove any alligators from their natural habitat or accept one as a pet. It is a violation of state law to do so. Alligators do not become tame in captivity and handling even small ones may result in bites.
- Enjoy viewing and photographing wild alligators. Remember, they are an important part of Florida's natural history, as well as an integral component of many freshwater ecosystems.
- Seek immediate medical attention if you are bitten by an alligator. Alligators harbor a very infectious bacteria, and even minor bites may require special treatment.
- Inform others that feeding alligators is a violation of state law and that by feeding alligators; people create problems for others who want to use the water for recreational purposes.

## What are some common misconceptions about alligators?

**Myth #1.** You should run zigzag if you come across an alligator.

This is a common misconception. First, it is rare for an alligator to pursue a human because humans are too large to be suitable prey. However, if an alligator does make an aggressive charge, run fast and straight (away from the alligator, of course). They usually do not run very far. But remember they are most likely to charge at you if you are near their nest.

**Myth #2.** Alligators have poor eyesight.

Alligators actually have very good eyesight, which is an important adaptation for hunting. They are especially adapted to see and sense movement of potential prey animals. The position of their eyes on their head (almost on the side) gives them a wide sight range. The only place they cannot see is right behind them.

**Myth #3.** Alligators are not good climbers.

Alligators have sharp claws and powerful tails to help them push their bodies up. Young alligators are agile climbers and adults have been known to climb fences to get to water or escape captivity. Low fences, therefore, may not be sufficient protection for pets in areas where alligators are present. Fences should be more than 4.5 feet tall if you are attempting to keep alligators out of your yard.

**Myth #4.** Alligators make good pets.

This is entirely untrue. Alligators make terrible pets. Although baby alligators may seem like a cool pet, it is illegal to possess or take an alligator without the proper licenses and permits from the Florida Fish and Wildlife Conservation Commission. Alligators are purely instinctual hunters and do not show affection. Unlike cats and dogs, alligators will never love the hand that feeds them.

Although the majority of the problems with alligators relate to their being in places where they are not wanted, a small number tragically involve alligator attacks. The number of alligator attacks that occur annually has remained constant in spite of the increased potential for alligator-human interaction. Normally, alligators avoid humans, but alligators that have been fed by humans will move toward humans and can become aggressive. Alligators that have been fed by humans are dangerous and should be reported to the Florida Fish and Wildlife Conservation Commission or contact the property manager.

Alligators are an important part of Florida's heritage and play an important role in the ecology of Florida's wetlands. An understanding of these facts and broader knowledge of alligator behavior helps ensure that humans and alligators continue their long-term coexistence.

As always if you have any questions or concerns please contact me: [retreathoa@comcast.net](mailto:retreathoa@comcast.net).



## The Retreat Sizzlers – Our Pickleball Club

By Emilio Farina

Logo created by  
Francia Trosty

### What is Pickleball?

Pickleball is a sport that combines elements of several games including badminton, tennis, and Ping-Pong. Two, three, or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball (similar to a whiffle ball) over a net.

The sport uses the dimensions and layout of a badminton court and a net lower but similar to a net used in tennis, yet Pickleball rules are unique to its own game.

Pickleball was invented in the mid 1960s as a children's backyard pastime but has become popular among adults as well and currently considered one of the fastest growing sports in America.

### Why have so many people taken to the game?

One popular reason is because Pickleball is just plain fun! Right up there with the fun factor is the chance to meet new people (who are also having fun).

A key by-product of all this is getting out there in the fresh air for some great exercise.

In addition to the above, there is very little prior skill needed to get started, for example:

- The paddle is short and light (like a ping pong paddle) so the leverage is in the wrist (unlike other racquet sports that can over stress the elbow/shoulder).
- The ball is very light so it is easy to hit (without the inertia or shock of a heavier ball).
- The court is smaller than a tennis court, so it is easier to cover (especially when playing doubles – which is the most common way we play).

### How did Pickleball get started in the Retreat?

Our Retreat community enjoys great diversity by being the winter home to many residents. Seasonal residents Tom and Audrey DeLoffi and Bob and Marty Deiley worked hard to introduce and raise interest in Pickleball here and keep track of interested residents to help win support from our Board of Directors to set up Pickleball courts.

Tom DeLoffi coordinated with the contractor to have lines added to the tennis courts. Among numerous other contributions, Tom also arranged to have Angel Hernandez (a Pickleball ambassador from upstate) come down and give several clinics to the Retreat's newbie players last spring.

So hat's off to Tom DeLoffi and Bob and Marty Deiley (and many other of our residents) for helping introduce one of America's fastest growing sports into our community.

### Who are the Pickleball players?

At the time of this article The Retreat has about 54 email

addresses signed up on its Pickleball roster. Some of the e-mail addresses represent a household having more than one person, so there is really a lot of local interest in this game. About 15 of the email addresses are households that play through the summer months as well as with the seasonal players.

The year-round/summer players recently named themselves the Sizzlers and given the summer time temperatures at the Retreat, the name is certainly appropriate. Francia Trosty, wife of "Sizzler" Ron Trosty, developed the logo for the summer time players (kudos to Francia and Ron). Richard Giacalone is also a year round Pickleball player who is currently managing the distribution list and communications for the group (thanks Rich). The success the Pickleball club currently enjoys simply would not exist without the collective engagement of the above people and all our Pickleball playing members.

Below is a photo of some of our sizzling summertime players. We are looking forward to the return of our seasonal players who may wish to participate in helping select a name for themselves or the whole Pickleball club at the Retreat.



Some of the Summer Season Pickleball Sizzlers

### Want More Information?

The Pickleball club plays (weather permitting) in the morning every Tuesday, Thursday and Saturday starting at about 8:30 AM. We also play in the evenings every Monday and Wednesday starting about 7PM. The contact person is Bob Deiley at 772.545.7598.

If you are interested in learning more about Pickleball you can research the word on-line for general information, or navigate to such Internet destinations as the Pickleball Channel (at <http://www.pickleballchannel.com>) or Wikipedia (<https://en.wikipedia.org/wiki/Pickleball>).

NBC news said it is one of the fastest growing sports in America: Visit the following Internet site for a related evening news report (including interesting facts and video):

<http://www.nbcnews.com/watch/nightly-news/pickleball-the-fastest-growing-sport-in-america-199360067605>

In addition to researching the sport, please come out to visit us at the Pickleball courts at the Clubhouse per the above schedule to try it out for yourself. There, you can get first hand information from your Pickleball playing neighbors, any time of year. Hope to see you soon.

## AFTERNOON TEA

An "Afternoon Tea" was hosted by Janet Walsh in honor of Marie West.

As a new resident, Marie was warmly welcomed to *The Retreat* by her neighbors at Big Bend Terrace.

The festivities began with the crowning of Marie in a glittering Tiara, signifying her as "Queen for the Day."

The event was celebrated with outstandingly, delicious delicacies of a traditional English Afternoon Tea.



Marie West—Queen for the Day



Janet Walsh—Host





The article to the right was written by Becky Freedman who no longer resides in the Retreat but is still a member of our Relay For Life team. This was written after our first Holiday Home Tour in December of 2005. Becky has a way with words and describes the event very well— from her heart!

Our Holiday Home Tour this year will be on **Sunday, December 4th**. We need more homes to be on the Tour. Please open up your hearts and your homes to make this another wonderful Holiday Home Tour. Thank you for your consideration. For more information, contact me at 772.349.1832 or wallylill@comcast.net. Lill Malinowski

## 2005 HOLIDAY HOME TOUR

By Becky Freedman



On Saturday, December 17, Kay-Bowen Smith, Cynthia and Gene Gillis, Helen and Paul Larcom, Dottie and Nick Sacco, Carol and Jim Stone, Mickey and Otto Vernacchio, Tim Ward and John Schultz gave, to our community, the most splendid and incredible of holiday gifts. They opened their doors, and their hearts, for the First Annual Holiday Home Tour, to benefit the American Cancer Society, through the Retreat Remembers...Relay Team.

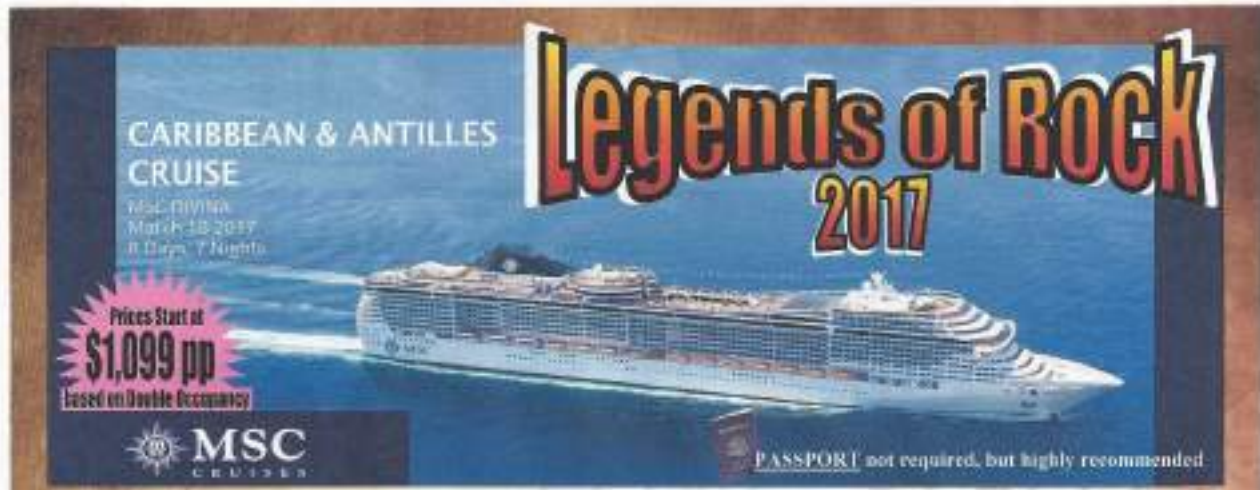
About one hundred ticket holders were treated to the sights, sounds and fragrances of holiday decorating and hospitality at its finest. They viewed rich displays of traditional favorites combined with creative artistry. Winter wonderlands sparkled bright like diamonds. Style and taste were brought together in each home....twinkling lights....warm, soft sounds of the season....magical collectible surprises...all lovingly placed, coming together in the loveliest of arrays.

A most appealing reception, of delectable confections, was provided, at the Clubhouse, by dedicated and talented team members who really know how to "deliver the goodies."

The afternoon was about sharing what is wonderful in our community. If you missed the heartwarming and inspiring event...be not discouraged...homes are already coming into place for next year's event.

*The Retreat Remembers...* Relay Team functions single mindedly to create financial and emotional support to those in our community suffering because of cancer. It is our hope to see the disease become a historical fact only.

## UPCOMING RELAY FOR LIFE FUNDRAISER



**FOR EVERY PERSON THAT GOES ON THIS CRUISE, LEGENDS OF ROCK WILL DONATE \$50 TO THE AMERICAN CANCER SOCIETY. PLEASE HELP US IN OUR FIGHT AGAINST CANCER WHILE HAVING A LOT OF FUN ON THE CRUISE.**

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**Dearest Patsy,**

**On behalf of all your Bridge players at The Retreat, a collective THANK YOU for all your hard work running Tuesday Bridge for 10 plus years.**

**We appreciate all of your efforts.**

**Thanks Again!**

**Your Bridge Friends**



## BRIDGE SCORES

By Carol Flynn

We are glad to see the summer gone and look forward to our Northern residents returning. Hope everyone enjoyed their time away. If you are interested in joining us, just call me at 546.4118.



### Breakfast in Maine with Retreat Friends

By Marlene Boobar

I joined Audrey DeLoffi and Pam Levy for breakfast on a beautiful Maine morning! Audrey was in her boot; Pam had fallen recently and her knee was extremely painful.

### Our Alaska Vacation

By Audrey DeLoffi

Tom and Audrey DeLoffi enjoyed a trip in June that had been on our bucket list—a cruise to Alaska. We flew first to Seattle where we spent some time revisiting the city, including the Chihuly Museum, the Bill and Melinda Gates Foundation, Pike Place Market and visiting with friends. In Seattle, we boarded Royal Caribbean's Explorer of the Seas for a 7-night cruise. We stopped in Juneau (hiked to Nugget Falls and saw the Mendenhall Glacier), visited Skagway (took the White Pass train) and toured the Butchart Gardens in Victoria, BC. Another highlight was seeing the Tracy Arm Fjord while our ship's Captain made two 360 degree turns for all aboard to see its majesty. If you have not yet seen Alaska, we highly recommend this trip!!



#### April 19, 2016

- 1 – Roberta Segal
- 2 – Sue Lynn
- 3 – Peggy Johnson
- 4 – Muriel Barry
- 5 – Lyn Kennedy

#### April 26, 2016

- 1 – Alan Shattuck
- 2 – Muriel Barry
- 3 – Kathy Majewski
- 4 – Sharon Davis
- 5 – Peggy Johnson

#### May 3, 2016

- 1 – Alan Shattuck
- 2 – Patsy Shattuck
- 3 – Stan Rublowsky
- 4 – Sharon Davis
- 5 – Marie Ferrandino

#### May 10, 2016

- 1 – Bill Burns
- 2 – Ann Sterling
- 3 – Peggy Johnson
- 4 – Stan Rublowsky
- 5 – Lena Rublowsky

#### May 17, 2016

- 1 – Peggy Johnson
- 2 – Steve Strong
- 3 – Ann Sterling
- 4 – Muriel Barry
- 5 – Sharon Davis

#### May 24, 2016

- 1 – Steve Strong
- 2 – Ann Sterling
- 3 – Peggy Johnson
- 4 – Carol Flynn
- 5 – Muriel Barry

#### May 31, 2016

- 1 – Lyn Kennedy
- 2 – Bill Burns
- 3 – Steve Strong
- 4 – Roberta Segal

#### June 7, 2016

- 1 – Peggy Johnson
- 2 – Stan Rublowsky
- 3 – Muriel Barry
- 4 – Ann Sterling
- 5 – Carol Flynn

#### June 14, 2016

- 1 – Muriel Barry
- 2 – Bill Burns
- 3 – Alan Shattuck
- 4 – Ann Sterling
- 5 – Roberta Segal

#### June 21, 2016

- 1 – Lyn Kennedy
- 2 – Bill Burns
- 3 – Roberta Segal
- 4 – Sharon Davis
- 5 – Lena Rublowsky and Carol Flynn - Tie

#### June 28, 2016

- 1 – Bill Burns
- 2 – Alan Shattuck
- 3 – Sharon Davis
- 4 – Lena Rublowsky
- 5 – Peggy Johnson

#### July 5, 2016

- 1 – Peggy Johnson
- 2 – Roberta Segal
- 3 – Ann Sterling
- 4 – Stan Rublowsky
- 5 – Lyn Kennedy

#### July 12, 2016

- 1 – Patsy Shattuck
- 2 – Carol Flynn
- 3 – Ann Sterling
- 4 – Bill Burns
- 5 – Muriel Barry

#### July 19, 2016

- 1 – Maryon Gonzalez
- 2 – Ann Sterling
- 3 – Stan Rublowsky
- 4 – Lena Rublowsky
- 5 – Patsy Shattuck

#### July 28, 2016

- 1 – Alan Shattuck
- 2 – Lyn Kennedy
- 3 – Carol Flynn
- 4 – Marie Ferrandino
- 5 – Roberta Segal

## RETREAT BOARD OF DIRECTORS

President and Treasurer	John Clifford	508.990.6363	retreattreasurer@gmail.com
1st Vice-President	Pam Levy	546.8204	retreatpaml@gmail.com
2nd Vice-President	Jim Pawlak	546.1841	jpawlak2000@gmail.com
Secretary	Greg Strahm	546.4853	retreathoa.greg.strahm@tqag.com
Director at Large	Eric Wolf	932.7969	eric334455@gmail.com

## RETREAT PROPERTY MANAGER

<b>Office Hours:</b> Monday Wednesday Friday 8 am to 11 am Or by appointment, call 772.546.6112	<b>ROBERT IRETON- HEWITT</b>	<b>Clubhouse Fax:</b> 546.1699 <b>Capital Realty</b> for Work Orders, General Questions, Emergencies: 1.800.940.1088	8700 SE Retreat Drive Hobe Sound FL, 33544  retreathoa@comcast.net
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## RETREAT COMMITTEES

<b>Architectural Control</b>	John McGuinn	545.9704	
<b>Clubhouse</b>	Linda Wolf	932.7969	lwolf913@gmail.com
<b>Communications</b>	Lill Malinowski	545.3732	wallylill@comcast.net
<b>Covenants</b>	Dave Williams	546.3866	davedottie@gmail.com
<b>Drainage</b>	Dave Williams	546.3866	davedottie@gmail.com
<b>Finance</b>	Tom Hartnett	545.3107	tmhartn55@gmail.com
<b>Landscape</b>	Chuck Kelcourse	237.7035	ckelcourse@gmail.com
<b>Neighborhood Watch</b>	Bill Burns	546.6990	burnsjro@aol.com
<b>Social</b>	Sandy Morrow Jean Scerbo	545.1936 545.3592	sandymorrow7@gmail.com jeanmscerbo@yahoo.com

### **RETREAT COMMITTEES AND ACTIVITIES**

*All Retreat residents are invited to take part in our Retreat Committees and Activities.  
For more information, please call the contact person.*

<b>Bulletin Boards</b> <small>(Sell items &amp; business cards)</small>	Pat Brown	
<b>Channel 63</b>	Zackary and Brennan Botkin	546.6308 regbbb@comcast.net
<b>Mah Jongg</b>	Angela Bibby	545.9195
<b>Duplicate Bridge</b>	Carol Flynn	359.8274
<b>Knot Just Knitting</b>	Sandy Morrow Liz Plourde	545.1936 546.5673
<b>Pickleball</b>	Bob Deiley	545.7598
<b>Poker—Men's Straight</b>	Joe Ciocia	545.9767
<b>Poker—Texas "Hold—Em"</b>	Lois and Otto Vernacchio	546.7523
<b>Red Hat Society</b>	Rita Lariviere	546.9744

<b>Relay For Life</b>	Lill Malinowski	545.3732
<b>Retreat Assistance Network (RAN)</b>	Muriel Barry Alice Bernhardt	545.1919 600.5226
<b>Retreat Directory</b>	Coni McGuinn	545.3465
<b>Retreat Newsletter</b>	Lill Malinowski Dottie Williams	545.3732 546.3866
<b>Social Bridge</b>	Carol Flynn	546.4118
<b>Tennis</b>	Tom D'Avanzo	545.7229
<b>WEB Master</b>	Gene Gillis	545.9304
<b>Women's Club of the Retreat</b>	Co-Pres. Mary Clifford Co-Pres. Pat Williams Treas. Gerri Strong Sec. Deb Benson	508.415.4573 546.1200 546.0981 545.9963



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**Dear Retreat Residents,**

**We thank all the contributors to this newsletter—especially our Retreat kids! We need a theme for the November/December Newsletter. Please send us your theme recommendations.**

**We are always on the look-out for your articles—book reviews, recipes, Retreat social gatherings as well as your suggestions for future columns.**

**The deadline for the November/December newsletter will be October 10th—a little earlier than usual since both of us will be traveling.**

**Your Newsletter Staff**

### Photo Credits

- FISHING—Ryan Stoughton  
RAN—Cindy Eaton, Marlene Boobar  
Founding Women's Club Officers—Wally Malinowski  
Pickleball—Susan Steadman  
Breakfast In Maine—Marlene Boobar

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