

The Retreat Newsletter November/December 2017 Volume 14, Issue 5



HISTORY OF VETERANS DAY

Veterans Day, formerly known as Armistice Day, was originally set as a U.S. legal holiday to honor the end of World War I, which officially took place on November 11, 1918. In legislation that was passed in 1938, November 11 was "dedicated to the cause of world peace and to be hereafter celebrated and known as 'Armistice Day.'" As such, this new legal holiday honored World War I veterans.

In 1954, after having been through both World War II and the Korean War, the 83rd U.S. Congress -- at the urging of the veterans service organizations -- amended the Act of 1938 by striking out the word "Armistice" and inserting the word "Veterans." With the approval of this legislation on June 1, 1954, Nov. 11 became a day to honor American veterans of all wars.

In 1968, the Uniforms Holiday Bill ensured three-day weekends for federal employees by celebrating four national holidays on Mondays: Washington's Birthday, Memorial Day, Veterans Day, and Columbus Day. Under this bill, Veterans Day was moved to the fourth Monday of October. Many states did not agree with this decision and continued to celebrate the holiday on its original date. The first Veterans Day under the new law was observed with much confusion on Oct. 25, 1971.

IRMA Visits the Retreat By Lill Malinowski

Since we lived in the Retreat, five hurricanes hit our beautiful community. A special thanks to all the those wonderful Retreat people that helped those in need before and after Irma. We are blessed to live in the Retreat!

Hurricane Frances and Jeanne arrived in the Retreat September 4 and 29, 2004. The November/December 2004 Newsletter is one of my most favorite issues. Many Retreat residents sent in articles about the hurricanes and how our community praised those that helped them.

The following is an excerpt from that newsletter by Hank "What developed in those days preceding Stasiewicz: Frances was a feeling of camaraderie between neighbors, some of which had never met each other formally. A feeling of need and a feeling of giving permeated the air. We found ourselves working side by side, hungry, tired and sweaty, to help our neighbors, to protect our lives, homes and assets. Residents, informally assembled into loose groups, traversed our tranquil streets within The Retreat for days rendering aid. They gave assistance to those who could not secure their homes by themselves, to residences that were vacant, to the elderly and the sick and along their way, they created new friendships, some of which will last and, unfortunately, some will not. If you asked them, "Why do you do this?" I am sure the reply would be a resounding "Because we care!"

HURRICANES THAT HIT OUR RETREAT

Frances September 4, 2004
Jeanne September 29, 2004
Wilma October 24, 2005
Matthew October 7, 2016
Irma October 10, 2017



THE RETREAT SINKCHRONIZED SWINNERS

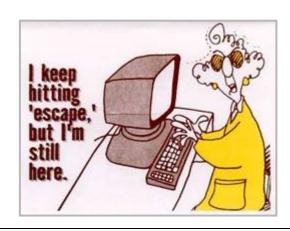
Since last May we have, under false pretenses, been doing "exercises" in the pool and just having fun every Wednesday and Saturday at 9AM. To be honest many times we only get to exercise our jaws because we all like to chit-chat. Unless the ice forms on the top of the pool, which is not likely to happen, we will be there all winter. Come join in the fun or just join us in some chit-chat in our out of the pool. All Retreat residents are welcome.

Maureen McNamee, Chairperson, Summer Activities 772.932.7678 Stephanie Milazzo, Co-Chairperson

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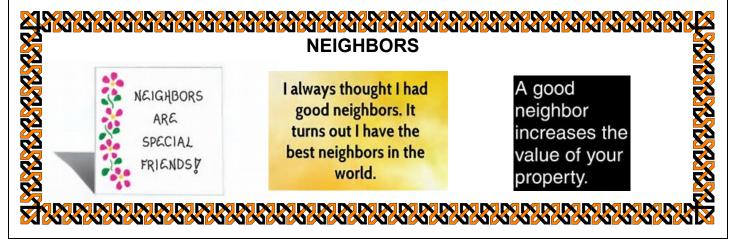




This summer, the Boobars celebrated their 25th wedding anniversary. The picture shows Bob's son Jeff with wife Audrey and other son James enjoying a dinner at a famous restaurant in Portland Maine. The restaurant's name is "GRACE". This restaurant was a church...the same Church where Bob and Marlene were married! Chestnut Street Methodist Church is an historic church which was built in 1856 and was listed on the National Historic Places in 1977. In 2009, the church was converted to this restaurant. Being back at this site brought back some wonderful feelings. It was a most enjoyable evening having the two sons together since neither son lives close. James currently is living in Izmir, Turkey as a college counselor at an English speaking high school while Jeff and Audrey live in Lexington Virginia. Jeff is the Inspector General at Virginia Military Institute (VMI). It is not often that both boys are together, so it made the evening even more special. During the summer, Bob and Marlene enjoyed both a 5 night trip to Canada and a 7 night trip to Bermuda to celebrate their 25th. There have been so many happy memories created over these last 25 years!



GRACE Restaurant, formerly Chestnut Street Methodist Church



2018 RETREAT DIRECTORY FORM

If you are not currently listed in the 2017 Directory and wish to be listed in the 2018 Directory, please fill out the form below. If you are currently listed in the 2016 Directory and would like to update your information, please fill out the form below with your name and the <u>updated information only</u>. If your 2017 information is correct, do not fill out another form. Please sign the form and place it in the Drop Box in the Property Management Office located in the Clubhouse or mail it to Retreat Homeowners Association, 8700 SE Retreat Drive, Hobe Sound, FL 33455, ATTN: Communications Committee no later than February 1, 2018.

List your information exactly as you want it printed in the Directory.

PLEASE PRINT CLEARLY

LAST NAME(S)
FIRST NAME(S)
RETREAT ADDRESS
TELEPHONE
CELL TELEPHONE (optional)
EMAIL ADDRESS (optional)
*Signature *Signature
*Signature(s) are required to have information published in the Directory.
*Signature *Signature

DISCLAIMER: Information contained in Directory is confidential and not for dissemination outside the Retreat community



BRIDGE SCORES

By Carol Flynn

August 1, 2017

- 1 Marie Ferrandino
- 2 Patsy Shattuck
- 3 Alan Shattuck
- 4 Sharon Davis

August 8, 2017

- 1 Ann Sterling
- 2 Muriel Barry
- 3 Alan Shattuck
- 4 Patsy Shattuck

August 15, 2017

- 1 Patsy Shattuck
- 2 Alan Shattuck
- 3 Carol Flynn
- 4 Marie Ferrandino

August 22, 2017

- 1 Lyn Kennedy
- 2 Mary Paukstys
- 3 Sharon Davis
- 4 Kathy Majewski

August 29, 2017

- 1 Ann Sterling
- 2 Kathy Majewski
- 3 Lyn Kennedy
- 4 Bill Burns

September 5, 2017

- 1 Carol Flynn
- 2 Muriel Barry
- 3 Bill Burns
- 4 Ann Sterling

September 19, 2017

- 1- Alan Shattuck
- 2 Bill Burns
- 3 Ann Sterling
- 4 Sharon Davis

September 26, 2017

- 1 Carol Flynn
- 2 Muriel Barry
- 3 Lyn Kennedy
- 4 Bill Burns



BOBCAT

By Gary Haugen

Thought you might want to put this in the news letter very large Bobcat behind my neighbors house on September 3, 2017 at 8:30am. We live on SE Hawks Nest Court on the Preserve side. Never seen one this big out here.



By Susan Steadman





First Friday of EVERY MONTH October thru June Come meet and join your neighbors for a friendly gathering at the Clubhouse on the First Friday of every month.

Bring an appetizer to share and your own beverage.

No reservation required.

No reservation required. 5:00pm until 7:00pm

Board of Director Role and Responsibilities

By John Clifford, President and Treasurer

This article is intended to provide a brief overview of the boards role and responsibilities. Obviously, if you have any questions please feel free to contact our Property Manager or any board member.

The Board of Directors is elected by the membership to serve a two-year term. Collectively the board establishes policies and rules and oversees the management activities at the Retreat. Board members are typically familiar with our Declaration or CC&R's, bylaws and other controlling documents which form a contract among all of the homeowners within the HOA.

One main function of the Board and HOA is the repair and maintenance of common areas and buildings. There always seems to be unlimited needs and desires among the membership for repair and maintenance work. The difficult task for the board is to prioritize these tasks and decide how and when the various maintenance tasks are to be performed. The board is familiar by constant inspection of the property as to what is needed. Then, the board must carefully consider what projects to address given our budgetary restraints.

Related to the board's duty to maintain the common property is the duty to adopt budgets and collect HOA assessments from homeowners. In a way, the HOA is merely a conduit for the homeowners to pay for the various expenses of operating the entire property.

In order to determine the annual budget and appropriate monthly assessment, the board must decide what are the necessary expenses and costs of operation and administration, plus establish a reasonable reserve. The budget process involves a careful review of past budgets and prior year actual costs, plus a careful examination of anticipated future year costs and expenses.

The board also engages a professional management company to operate the day to day affairs of the association. In addition, as necessary the board utilizes the services of professional agents such as engineers, attorneys and CPA's to assist the board in carrying out all of its duties.

The board also has the duty to uniformly enforce the governing documents of the association. The board does NOT have the authority to waive or excuse compliance with the requirements of the CC&R's.

Finally, the board encourages every homeowner to read through and understand our rules and our Declaration of Covenants, Conditions and Restrictions. It is very important to remember that our governing documents represent a binding legal contract between each homeowner and our HOA.



Looking for community minded residents to join Neighborhood Watch Group!

- Are you interested in learning more about the Neighborhood Watch Group?
- Are you interested in attending a Sheriff's monthly meeting?
- •Are you wondering what crimes are taking place in Martin County?
- Do you wish to meet other community minded residents living in surrounding developments?

If you would like to know more about

The Retreat Neighborhood Watch Group...

Contact: Bill Burns 546-6990

burnsjro@aol.com

Natives in the Yard

By Dottie Williams



With Thanksgiving ("turkey time") approaching and quite a few sightings of **Wild Turkeys** in our community, I thought they might be a good topic for the Natives in the Yard. Did you know that the Wild Turkey was almost our national symbol? It is said that Benjamin Franklin suggested the turkey be the national bird but the Congress voted for the Bald Eagle.

These large birds have dark, fan-shaped tails, dark metallic brown bodies, featherless heads, and long legs and necks. The image that comes to mind when we think about turkeys is usually that of the male. The male turkeys, sometimes referred to as a Gobblers or Toms, are larger than the females and their feathers are much more colorful. The female's feathers are usually duller shades of brown and gray. Most of the sightings in the Retreat are females or hens.

Turkeys are found throughout the United States. The Wild Turkeys found in Florida are smaller than the Eastern Wild Turkeys but are still the largest game birds in the state. The perfect habitat for these birds includes open and wooded areas. The open areas are used for feeding and mating and wooded areas are for cover from predators and roosting at night (on low branches of trees). They are very alert and cautious. Their eyesight is three times better than humans and they can hear sounds over a mile away. They will fly or run for cover at the slightest sign of danger. Turkeys fly close to the ground and are powerful and swift for short distances. They are capable of running up to speeds of 25 MPH and flying to 55 MPH.

They are omnivores (eat both plants and animals) and usually forage on the ground or climb trees to find their food. They will scratch in the ground or leaf litter searching for seeds, nuts, and acorns. Berries from juniper and bearberry are included in their diet along with insects, small snakes, frogs and lizards. Feeding usually occurs in the first few hours around dawn and the last few hours before sunset. A large bird can eat a pound of food at a meal. The male bird's weight averages between 11 and 24 pounds and he measures 40- 50 inches while the female is somewhere between 7 and 12 pounds and 30 –37 inches long.

These birds travel in flocks that consist of a tom and up to twenty hens. After mating occurs in early spring, the hens search for good nest sights. Nests are shallow depressions in dirt found in woody vegetation. They lay 10 to 14 eggs and the incubation period is 28 days. When the chicks (called poults) hatch, they receive very little attention from the mother hen and are able to walk and forage for food within 24 hours. They become part of the flock until they mature.

Because their coloring is like camouflage, it is not easy to spot the hen turkeys but they are around. Remember that they are very aware of their surroundings and can be scared off easily. The best area to watch for them is along the clearing by the fence that surrounds our community. They walk along with their heads down foraging for food.





WHAT HAPPENED AT THE WOMEN'S CLUB???

By Mona Wiley

WELCOME BACK SNOWBIRDS!!!

Are you dreaming of cool days? Are you stepping outside and getting a whiff of fires burning in the crisp evening air? The shades of gold, red and orange paint everything in your thoughts into mountainsides of fall flames. Then you stir in the comfort of your chair and AC cooled home and wonder, "where am I?" OH, NO! I'm back in Florida!! That's right - go back north, my friend. Come back next year and maybe it will be 10 degrees less than when you left in May. It has surely been a hot one. More so than most. What did you miss this summer? Nothing - nothing not Irma, not 3 days without electric – no pool – debris stacked up for 3 weeks, trees blocking Seabranch. We all survived and appreciated those responsible for clearing our roadways and finally collecting our fallen branches and debris. It is possible to rough it during these times ask Betty Ann Dixon. She's an expert on "roughing it"!

What you came back for is all your friends who are waiting to join you in the activities planned for this year. **Friday, November 10**th is the **House of Hope** tour. This will be an interesting tour of the operations of this non-profit that aids the needy in Martin County. After the tour, we will walk across the street to the Golden Gate Enrichment Center, which will house programs, classes, vocational training, life sills, art and culture and such. We will have lunch at the Diamond Tea Room & Bistro, specializing in their afternoon High Tea with 6 courses for \$16.50 plus tax and gratuity. Meet at the Clubhouse no later than 10:30am to check in and carpool. Contact: Kay Campbell 546-9278.

November 11 (Saturday) & 12th (Sunday) Treasure Coast Community Singers perform "Sing for the Cause" at 3:00pm both days at North Stuart Baptist Church, 1950 N. Federal Hwy. (US 1). Tickets are \$20 and a portion of the ticket sales will be donated to ACS Making Strides Against Breast Cancer, TCCS's partner for this concert. Contact: Dottie Williams 546-3866, davedottie@gmail.com

Wednesday, November 15th is the Welcome Back Luncheon at Brio Tuscan Grill in Palm Beach Gardens (separate checks) Sign up in the mailroom. Gather at the Clubhouse at 11:15am. This is one of my favorites!! If you have already arranged transportation, swing by and let Dottie Sacco know. Her number is 546-0654.

Monday, November 20th is our monthly meeting. Gather at 6:15 to meet and greet old and new friends and enjoy a few refreshments. Business meeting will follow and then some kind of fun event. All women of the Retreat are welcome.

Friday, (7pm) Saturday & Sunday, (3pm) Dec. 1, 2 and 3rd will find our Treasure Coast Community Singers performing "Tis the Season" at the North Stuart Baptist Church on US 1 in Stuart. Tickets are \$20 and TCCS's partner, the Salvation Army will receive a portion of the ticket sales. Contact Dottie Williams 546-3866 if you have questions.

WOW! Now we are into 2018 – January 10th – Wednesday will be a trip out to Kai Kai Farm off Kanner Hwy. A free walking tour and lecture from 10:30am to 11:30am has been arranged. Diane Cordeau has lectured before on the goals of her organic fruit and vegetable farm. The walk is about a half mile and there will be a riding convenience if you can't walk too well. A luncheon consisting of seasonable available homegrown produce will be offered at \$10.00 per person. Check the mailroom on this event as the time approaches. Contact is Ann Sterling 245-8648 aesterling2@aol.com.

Check the bulletin for surprise events and Christmas events and lunch outings.

Remember that the Women's Club meets every 3rd Monday of the month and all women in the Retreat are welcome.

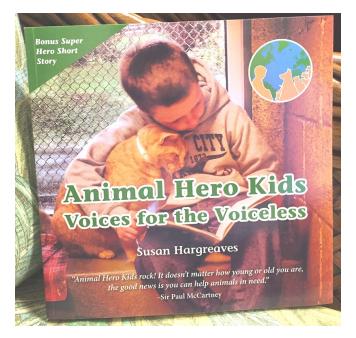




OUR FIRST WOMEN'S CLUB LUNCH OF THE SEASON AT PRAWNBROKER GRILL

GREAT FOOD!
GREAT SERVICE!
PRIVATE ROOM!
WONDERFUL CAMARADERIE!







Children helping to save & protect animals

Our guest speaker was **Susan Hargreaves**, founder of <u>Animal Hero Kids</u>, an organization founded to foster empathy and kindness in children and teens by encouraging and recognizing compassionate and courageous acts that help all species of animals. She is the author of *Animal Hero Kids Voices for the Voiceless* and will share heartwarming stories of children helping to save and protect animals. She will also share how some of these principles can be used to protect children from bullying, a major problem in our country today.

RETREAT BOARD OF DIRECTORS

President & Treasurer	John Clifford	508.990.6363	retreattreasurer@gmail.com
1st Vice-President	Pam Levy	772.546.8204	retreatpaml@gmail.com
2nd Vice-President	Pat Pezzicola	772.545.0706	pezzbod@gmail.com
Secretary	Tom DeLoffi	772.245.8420	retreattomd@gmail.com
Director at Large	John Brown	732.267.6550	retreatjohnbrown@gmail.com

RETREAT PROPERTY MANAGER

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Monday
Wednesday
Friday
8 am to 11 am
Or by appointment, call
772.546.6112

ROBERT Clubhouse Fax:
546.1699
Capital Realty for
Work Orders, General
Questions, Emergencies:
1.800.940.1088

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RETREAT COMMITTEES

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Covenants	Dave Williams	546.3866	davedottie@gmail.com
Drainage	Dave Williams	546.3866	davedottie@gmail.com
Finance	Tom Hartnett	545.3107	tmhartn55@gmail.com
Landscape	Chuck Kelcourse	237.7035	ckelcourse@gmail.com
Neighborhood Watch	Bill Burns	546.6990	burnsjro@aol.com
Social	Sandy Morrow Jean Scerbo	545.1936 545.3592	sandymorrow7@gmail.com jeanmscerbo@yahoo.com

RETREAT ACTIVITIES AND CONTACTS

All Retreat residents are invited to take part in our Retreat Activities. For more information, please call the contact person.

Bulletin Boards (Sell items & business cards)	Pat Brown	
Channel 63	Zackary and Brennan Botkin	546.6308 regbbb@comcast.net
Mah Jongg	Carol Flynn	546.4118
Duplicate Bridge	Carol Flynn	546.4118
Knot Just Knitting	Sandy Morrow Liz Plourde	545.1936 546.5673
Pickleball	Emilio Farina	timeline459@gmail.com
Poker—Men's Straight	Joe Ciocia	545.9767
Poker—Texas "Hold—Em"	Lois and Otto Vernacchio	546.7523
Red Hat Society	Rita Lariviere	546.9744

Relay For Life	Lill Malinowski	545.3732
Retreat Assistance Network (RAN)	Audrey DeLoffi	245.8420
Retreat Directory	Coni McGuinn	545.3465
Retreat Newsletter	Lill Malinowski Dottie Williams	545.3732 546.3866
Social Bridge	Carol Flynn	546.4118
Tennis	Tom D'Avanzo	545.7229
WEB Master	Marlene Boobar	561.889.4445
Women's Club of the Retreat	Pres. Marilyn Patterson VP. Stephanie Milazzo Treas. Gerri Strong Sec. Deb Benson	932.7492 245.8615 545.9963 546.0981



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SINKCHRONIZED—Wally Malinowski Women's Club Meeting—Linda Wolf Bobcat—Gary Haugen Bird—Susan Steadman

www.retreatlostlake.com







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Don't forget to FALL **BACK on Sunday,** November 5

May peace, joy, hope and happiness be yours during the holiday season and throughout the new year.

Your newsletter staff. Dottie, Coni and Lill

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FOR HURRICANE PROTECTION CALL:



Michael Zanetti President

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FAX (772) 545-3297 Email: mzanetti@mastercareshutter.com



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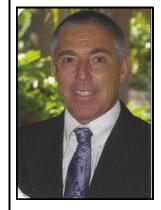
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