



The Retreat Newsletter

May/June 2010

Volume 7, Issue 3



RELATIVES LIVING IN THE RETREAT

The Greek Connection

By Connie Bandy



BROTHERS

By Coni Mc Guinn

BROTHERS.....I have three of them, Bill (deceased), Joe and John. I was eleven years old when **John** was born. Back then, it was my job to feed him and push him in the carriage to get him to sleep. The bond stuck and today, we are still close. Most of our adult lives was spent living 3 to 5 miles apart. Then, I retired to Florida and John had a job transfer to Houston. For the first time, we were not nearby. We were three hours apart. A few years later, John had a down-sizing and could work from home and he was also thinking about retirement. The call came in 2008. Could he move in with me while he looked for his own place in Florida? A year later, John found the perfect retirement place and it was right around the corner on Retreat Drive.

If you are walking down SE Retreat Drive and smell the aroma of lamb kabobs on the grill, you know you are approaching the "Greek" side of **The Retreat**. Connie and Harry Bandy, Tony and Kathy Pantozopoulos, and Arthur Papacostas - -all three houses within a few steps away from the others.



We are all friends, neighbors, and family in the greater Philadelphia area. In our case, extended family. Harry and I christened our Goddaughter, Ellen. Tony and Kathy are her Aunt and Uncle. Arthur is Tony and Kathy's nephew. Tony and Kathy are our "connection" to **The Retreat**.



Sisters....Sisters....

by Marlene Boobar



"Sisters, sisters...there were never such devoted sisters...caring, sharing.

Through all kinds of weather, we stick together."

(Continued on page 16)

Tony and Kathy were the first to find out about **The Retreat Community**. With thorough research about DiVosta homes and about the Hobe Sound area, they decided that **The Retreat** was the perfect vacation community for them. Late in the development phase of the property, Tony approached the DiVosta team about purchasing the lot, that was then their parking area. They also convinced Arthur, that the community was an ideal property purchase for long-term investment. He bought the adjoining Capri home.

A few years later, Harry and I checked out the community and decided to purchase as well. Tony was instrumental in making our decision and came along with us as we searched for the perfect retirement home. We

were so excited to find one that we loved. It was only two houses away from Tony and Kathy, and Arthur!

We are looking forward to retiring here at **The Retreat** in the next five years or so. For now, we really enjoy the time that we spend here, albeit, only a few weeks a year. When our schedules overlap, we have the added bonus of being able to spend time with great friends and neighbors!



Photo by Wally Malinowski

John McGuire and Brooke Francis

Tiki Party

By Lill Malinowski

John and Molly McGuire had several neighbors over for a Tiki Party. Our new neighbors, **John and Linda Stephens**, were greeted in

style. The McGuires provided beverages at their tiki bar, and the others brought appetizers. There were many flowery outfits as we listened to island music. Everyone had a wonderful time getting acquainted.

Your Newsletter Staff will be taking our usual July/August sabbatical. The next newsletter will be the September/October issue. The theme will be: "How I met my mate." The deadline is August 15th. Have a safe and healthy summer!



USAGE STATISTICS for www.retreatatseabbranch.com

VISITS to our WEB site:

February 2010: Daily Average=42; Monthly Total=1,178

March 2010: Daily Average=39; Monthly Total=1,236

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TO ADVERTISE IN *THE RETREAT NEWSLETTER*, CONTACT CONI MC GUINN AT 545.3465.

The Cul-de-Sac at Nicolete Lane

By Sandy Morrow

It started late in 2004. We all moved in during the worst hurricane season in years. Without telephone service, everyone stood in the street using their cell phones. Needless to say, the neighbors met, and the rest is history.

Nicolete Lane started **cul-de-sac parties** soon after we all settled in. It was a great way to get to know everyone and where they came from. Our block is "age diversified." We have lots of kids, dogs and everyone gets along great.

The younger mothers, **Katrina, Lisa and Tammy**, make the plan, and the kids drop off a date reminder at every house. We congregate at the cul-de-sac, bring our own chairs, music, games and a dish to share. The kids and adults play basketball, ping pong, soccer and hop scotch. We stay outside until dark or forced inside by bugs. We have all enjoyed the special friendships with our neighbors on Nicolete Lane. It's unanimous--**we love The Retreat and especially Nicolete Lane.**



Photos by Lisa Rothenberg



6th ANNUAL ELDORADO REGATTA

By Patti Greaves



Back: Dick Keough, Ernie Spengler, Craig Haines, Gary Goldfarb
Front: Dave Williams, Pete Greaves, Tom Hartnett

Look, up in the sky! Is it a bird? Is it a plane? **No**, it's the reflection from the race boats at the **6th Annual Eldorado Regatta** which the crew managed to pull off despite the cooler weather. **Oktoberfest** in **March** is OK with us. They have it in **September** in Germany.



Normally one would sport **GREEN** however, **Premier Rollout Awnings** came through with stunning **CARIB BLUE** tees. To continue our tradition, participants were requested to donate items for the House of Hope Food Bank and thanks to their generosity over 115 pounds of food were delivered to the food bank.

At about 3 pm, hostess **Dottie Williams** retired her five-year event whistle with an official megaphone which rallied the affair. A driver's meeting was quickly held to initiate the race course plotted by Captain **Dave Greaves** and Navigator (Host) **Dave Williams**. The spectators' chairs lined the shore-line; the snacks were plentiful as well as the "Adult Beverages" and, of course, German Beer. The race results were: **SPECIAL BOATS** - Participation Award went to neighbor **Gary Goldfarb**; **LARGE BOAT** category - 1st place **Dick Keough**, 2nd place **Dave Williams**, 3rd place to **Ernie "Boots" Spengler**; **NITRO BOATS** category - 1st place and overall winner **AGAIN** the reigning champion **Tom Hartnett**, 2nd place **Chef Craig Haines** and a Participation Award went to **Pete Greaves**, a "vacationing" newcomer.



Tom Hartnett

Oh! The sweet smell of success!

After the awards were announced, **Kath and Craig Haines** (the Williams' daughter and son-in-law) served up a wonderful gourmet German dinner complete with laughs and plenty of conversation. Many of the laughs centered around the display put together by **Patti Greaves** of the "History" of the Eldorado Regatta complete with pictures and comments.

As the sun set over beautiful Eldorado Lake, we remember yet another glorious afternoon of fun with our friends and neighbors. In this world of turmoil, always remember this: **"We're not here for a long time but we're here for a good time!" (Patti Greaves)**

Everyone say **CHEEEEESE!**



RELAY FOR LIFE CRUISE

\$2,858 Raised for the American Cancer Society



The Retreat Remembers... Relay For Life team cruised the eastern Caribbean as one of its fundraisers the last week of February. There were 61 of us as you can see in the this picture. **Marlene Boobar** was once again the master-mind of this event--and it was quite an event! Thank you, Marlene, for all your hard work in planning and execution! We were greeted at the Clubhouse while awaiting our bus by our Property Manager, **Ron Barrow**, who greeted us with coffee and donuts. What a guy!!! **Mary and Ron Paukstys** were our chauffeurs as we were bringing our luggage to the Clubhouse and on our return trip. **Ron Paukstys** and **Dave Williams** both prepared

their specialty Bloody Marys which we enjoyed on our way to the port. **Dottie Williams** was our bus captain and our assistant in our Relay gatherings on the beautiful Emerald Princess. **Pat Pezzicola** was our travel agent and our interface to the Princess Cruise Line in obtaining our CHECK for the American Cancer Society. The check, the 50/50 that we played on the bus, and the donations that we received from the cruisers added up to **\$2,858** for our fight against cancer! Thank you to all that participated -- this truly was a **FUN**raiser! For the rest of the story, view our

pictures!





Retreat team members presenting the check from our cruise fundraiser to **Tori Savard**, our American Cancer Society Community Representative



RELAY FOR LIFE AUCTION

\$5,400 Raised for the American Cancer Society

By Lucille Sanchez

Thanks to the great community spirit among the residents of the Retreat, our Relay For Life Team, "The Retreat Remembers..." had another successful fund-raising Auction on March 21. Our total donations came to \$5,398!! The Live Auction was hosted by our resident celebrity, **Tim Luke**, who was assisted by **Greg Strahm**. Tim did his usual wonderful job and made it a lot of fun for all who attended. The Chinese Auction which followed offered approximately 100 great items for participants to take chances on. Tasty refreshments were available, and we all enjoyed the musical entertainment provided by **Gino Giliberto** and the lovely voice of **Dottie Sacco**. I think a good time was had by everyone! ALL of the auction items were donated and ALL of the proceeds go to the American Cancer Society.

Special thanks to Team Captain, **Lill Malinowski**, and Auction Chairperson, **Marlene Boobar**, for their boundless energy and dedication in putting this event together. Also, a special mention to **Wally Malinowski** and **Dottie Williams** for all their hard work behind the scenes, and to all the Team members (and non-members) who contributed so much!!

Many thanks to all our Retreat residents for their support in coming out and donating their money for this very worthwhile cause. We hope to see many of you at the Relay on April 30 at South Fork High School at 6:00 P.M.

Thank you to all that helped us in so many ways:

Alice Bernhardt, Anita's Skin & Body Care, Tequesta, Ann Condon, Anne Cole, Claudette Chicoine, Barry O'Neill, Fishing Charter, North Palm Beach, Becky Freedman, Bettyann Dixon, BJ's Wholesale Club, Jensen Beach, Bosha Stone, Carmine's Restaurants and Gourmet Market, Palm Beach Gardens, Carol and Jim Stone, Carol Flynn, Chuck and Carole Eschenburg, Coni McGuinn, Cottage Cashe, Hobe Sound, Curves, Port Salerno, Delfino's Full-Service Salon, Stuart, Diane Morency--Live Auction Winner, Dick and Donna Keough, Dottie and Dave Williams, Dottie Sacco, Dr. Peter Lascheid, Dentist, Hobe Sound, Dr. R. Mejia, Dermatologist, Jupiter, Duffy's of Stuart South, Stuart, Elaine Anderson, Elizabeth DuBois, Dimar Florist, Stuart, Emily and Barry Mussatto, Frank Ziegler, Fred and Cindy Cone, Gene Gillis, Gene Mulak, Golf Instructor, Stuart, Gerri and Steve Strong, Ginny Carr, Gino Giliberto, DJ, Hobe Sound, Heide Pastuch, Helen Larcom, Jim and Joanne Estes, Jo Ann Alzheimer, Tail Waggers On The Move, Hobe Sound, Joanie Sofia, Joe Boucher, Joe of All Trades, Hobe Sound, Joe Scerbo, Window & Mirror Cleaning, Hobe Sound, Joy Currier, Justin Caton's Classic Collectibles, EBAY Power Seller, Jupiter, Karin Ryan, Kathie Munsen, Florida Organized Design by Kathie Munsen, Hobe Sound, Kay Bowen-Smith, Ken Dara, Fish Prints, Hobe Sound, Lane Spa, Palm Beach Gardens, Laurel Strong, Cat Grooming, Palm Beach Gardens, Liz and Bob Plourde, Lois and Bob McGill, Lost Lake Golf Club, Hobe Sound, Lucille and Peter Sanchez, Marlene and Bob Boobar, Marsha Levine, Artist and Instructor, Hobe Sound, Mary Paukstys, Wags & Walks Pet Sitting Service, Hobe Sound, Massey-Yardley Body Shop, Hobe Sound, Mickey Harris, Olympic Taverna Greek Restaurant, Jensen Beach, Pat Pezzicola, Pezzicola Tours, Stuart, Patrick and Patricia Mahon, Patsy Shattuck, Patte and Dick Kessler, Ralph DeRibas, The Retreat Driver, Hobe Sound, Ritz Clipz, Dog Grooming, Hobe Sound, Robert Haigh, Grimestoppers Pressure Cleaning, Hobe Sound, Rosemary Woundy, Rusty and Fran Carpenter, Ruth Dudziak, Salon 44, Tequesta, Sandy Morrow, Sister Nail Salon, Inc., Hobe Sound, SNAP Fitness, Hobe Sound, Steve Witucki—Oceans of Art, Port St. Lucie, Supreme Pizza, Stuart, Tim Luke and Greg Strahm, The Appraisal Guys, Tom and Arlene Hartnett, Treasure Coast Community Singers, Port St. Lucie, Tutto Fresco Restaurant, Stuart, Wally and Lill Malinowski



**2010 RELAY FOR
LIFE OF SOUTH
MARTIN**

FRIDAY, APRIL 30, 6 PM TILL
SATURDAY, MAY 1, TILL NOON

SURVIVOR/CAREGIVER WALK
AND DINNER AFTER 6 PM
OPENING CEREMONIES

SOUTH FORK HIGH SCHOOL

10205 SW PRATT WHITNEY
ROAD, STUART, FL 34997

*(12.0 MILES, 21 MINUTES FROM
THE RETREAT)*

DIRECTIONS:

US 1 NORTH

LEFT ON COVE ROAD

*LEFT ON KANNER HIGHWAY-2.4
MILES*

*LEFT ON SW PRATT WHITNEY
ROAD*

(SUNOCO ON THE CORNER)

*ARRIVE AT SOUTH FORK HIGH
SCHOOL*



Women's Club

Ladies Farewell Luncheon

Friday, May 7th 1-3 PM

Clubhouse

"Jewelry Silent Auction" ...Lots of fun and festivities!!

Bring a piece of jewelry you might like to donate!!!!

We're having a Jewelry Silent Auction

Come one and all ... bring a

"fun piece of jewelry (if you would like)" to donate to the

Silent Auction Table

Please sign up at the next Women's Club Meeting

Monday, April 19th

or

Sign up on sheet at Mailroom by Friday, April 30th

Sandwich catering by TooJay's Deli

\$10/person in advance to:

Sue Behn

Sue's e-mail: johnnauer@ymail.com or call for more info: 772-545-9281

WOMEN'S CLUB OF THE RETREAT

By Mona Wiley

WHAT'S UP AT THE WOMEN'S CLUB???

Recently, **Nathaniel Reed** gave a marvelous speech, dispensing information, laughs and concerns for Hobe Sound and the surrounding area. He is a well known environmentalist and his family helped to develop parts of Hobe Sound. Ever wonder why the Gomez area has a Spanish name? Mr. Reed told us that Hobe Sound was once deeded by King Ferdinand and Queen Isabelle of Spain to a Cuban family with the last name of Gomez, thus Gomez Road! If you missed it, look for an opportunity to hear Mr. Reed.

In April we had a **"Spring Fling."** All the ladies turned out their best salads and desserts for a memorable luncheon. **Marlene Boobar** trumped up a patriotic theme with old songs to remind us of the red, white and blue.

It's been a long winter up north, as well as in south Florida, so we hope you'll feel the spring in your step and come out and join us for some great events planned for the next few months. On Friday, Apr. 30th, there will be a trip to the **Norton Museum** in West Palm. Car pool from the Clubhouse at 9:00a.m. and enjoy a guided tour and lunch. The entrance fee is \$10.00.

In May, we'll celebrate **"Farewell to the Birds"**! Seems they just flew down to their southern nest, and now it's time for the northern migration. Come prepared for a luncheon catered by TooJays. Participate in a silent costume jewelry auction and a 50/50. Please sign up and pay \$10.00 before Apr. 27th to Sue Behn.

The Women's Club has House of Hope as their charity. On May 14th we will have lunch in Hobe Sound and then tour all 4 House of Hope thrift stores. It is a worthwhile organization supporting our less fortunate neighbors.

The Women's Club meets every 3rd Monday at 7:00p.m. On May 17th we will have **Jean Lahey**, who lives in our community talk to us about the fun, new exercise opportunity. It's the **ZUMBA!!** I think it's part Latin dance combined with other exercise techniques! Come find out what it's all about.

B-I-N-G-O on Monday, June 21st from 7:00p.m. – 8:30 p.m. in the Clubhouse after the regular meeting. Bring \$5.00.

July will bring out our ladies who love to have a ball --- at the **Stuart Bowling Lanes!** Time is 10:30 a.m. and the fee is \$10.50.

To all those heading north, we wish you a warm and wonderful summer!



Marsha Ismailoff Mark, Boshia Stone, Mary D'Avanzo and principal dancer, Andrew Clementz who will portray Janus, the Roman God of the Seasons.

ART JOINS WITH DANCE

By Dottie Williams

Community members who belong to the Seabranh Art League have joined with the Florida Art and Dance Studio in Stuart to debut their talents in the performance of an original ballet choreographed by **Marsha Ismailoff Mark** to the music of Guisseppi Verdi's "**Four Seasons.**" Marsha, raised in a Russian culture, danced with **George Balanchine** and created this original ballet in 1979. She has worked her creative movements around the Classical style of ballet with dancers from the Florida Art and Dance Group.

Working with Marsha, one of the founders of the Seabranh Art League, are **Boshia Stone** and **Mary D'Avanzo**. Using their artistic talent and past experience, Boshia and Mary are designing and creating the costumes for this "Four Seasons." Boshia, President of the Art League, is a Parsons School of Design graduate and costume designer for Broadway and film. Mary, Secretary of the League, is a Collage artist and studied ballet in Connecticut for fourteen years. Each costume represents the "FOUR SEASONS" - spring, summer, fall and winter. In the words of Marsha, "**The magic of the butterflies, tiger lilies, cherry blossoms, corn stalks, falling leaves, deer and squirrels and icicles will tantalize your imagination and artistic senses.**"



This one time performance opens May 13th at the Lyric Theater and will be highlighted by an exhibit of original artwork from the dance rehearsals of this unique ballet. The Lyric Lobby Gallery will present the art along with a silent auction with sales benefiting the Florida Art and Dance Group. Tickets are available at the Lyric Theater on Osceola Street in downtown Stuart.



Photo by Nadia Utto

They are Painting the Town Red and Blue and Green and....

By Mary D'Avanzo

Retreat residents, **Steve and Boshia Stone**, along with other artists of the **ART LEAGUE** in partnership with the Hobe Sound Murals Project and the General Federation of Women's Clubs local Hobe Sound chapter have created an outdoor mural to celebrate the volunteer community service of the GFWC. This **trompe l'oeil image** (trick of the eye) depicts an "art gallery interior" with each of the "paintings" representing an aspect of the service that the Women's Club provides: arts, conservation, education, home life, public and international affairs. This is the eighth mural in a series to transform the Hobe Sound community in keeping with the missions of these organizations to honor our community, serve our community and open the doors of art to the community. The mural is located on the northeast corner of US1 and Bridge Road at the Market Place Plaza. Stop by and view the art!!

Each year the ART LEAGUE is engaged in several charitable fundraising events for the schools, organizations and communities in and around Martin County. This group of skilled artists has designed chairs for an CHAIR-itable auction, ART-tees for student scholarships, and wearable art for breast cancer. Coming November 26th, 2010, the League will present "RE-lect-ive ART" at the Armory Art Center, West Palm Beach, Florida for the benefit of the U.B. Kinsey Magnet Elementary School.



RAN

*Retreat Assistance
Network*

VOLUNTEERISM ALIVE AND WELL IN THE RETREAT

By Sandy Goldfarb

Over the last year RAN volunteers have clocked over 140 hours helping friends and neighbors in our community. Activities that RAN has assisted residents with have included, but have not been limited to, grocery shopping, retrieval of medication from pharmacies, dropping off prescriptions, transporting people to medical facilities for appointments, picking up mail and short term meal preparation.

The purpose of this community organization is to assist our residents with short term medical needs. RAN does not replace long-term care. Like other volunteer organizations **we can always use a new influx of volunteers.** We would also like to extend a heartfelt thank you to the volunteers that have given of their time to help others.

RAN conducted its first Flu Clinic in the fall. Ninety Retreat residents took advantage of this program. Plans are already in place to hold our second Flu Clinic next fall. Flu shots were administered by the Visiting Nurses' Association. Residents can be assured that they can receive their yearly flu shot here at the Retreat in 2010.

Our latest activity was a successful Meet & Greet BYO Wine & Cheese held at the Clubhouse on Sunday, March 7, 2010. On Sunday, March 28st RAN held a Bridge Road Beach Walk followed by lunch in a local restaurant. These events are for singles as well as couples. We hope that everyone feels welcome to participate. Feel free to invite your neighbors and friends who live here to join us for a future event.

We would like to hold another evening health seminar sometime next winter. Any RAN member would be happy to take suggestions on a topic of interest. Gene Gillis has been kind enough to keep our community events posted on our community website as well as Channel 63, so tune in to find out about future events. Sign up sheets will be posted in the mailroom.

Neighbors Helping Neighbors

RAN

Retreat Assistance Network

Neighbors Helping Neighbors

*Volunteers always available to
assist you with:*

Prescription Drug Pick-Ups

***Transportation to Medical
Appointments***

Grocery Shopping

***Companionship and Check-In
Phone Calls***

***Other services available upon
request***

**Always Accepting New
Volunteers**

**Contact any RAN Board
Member:**

Muriel Barry, Alice Bernhardt,
Virginia Darcy, Marie Ferrandino,
Carol Flynn, Sandy Goldfarb,
Peggy Johnson, Allison Metcalf,
Lena Rublowsky, Sally Troiani



NATIVES IN THE YARD

By Dottie Williams

With our theme for this newsletter in mind, I thought I had a perfect topic for this edition. Then on one of my morning walks, I spotted a visitor that is in this area only at this time of year, and it certainly would have made a timely topic, too. The dilemma - which should I write about? Well, I've decided to write about both. My first choice, the **Sandhill Crane** lives in our community with many family members and the second is a bird that visits this area only for a few months each year - the **Swallow-tailed Kite**.



Just about everyone in the community should be familiar with **Sandhill Cranes**. These large cranes are easily identified by their red heads, brownish-gray bodies and long pointed bills. Their loud bugling call can be heard for miles and occasionally acts as an alarm clock for some of us. They are year-round residents in Florida but in the winter are joined by additional sandhills that migrate from the North. Usually spotted in pairs, these birds mate for life. They nest in marshy areas close to the water. The female lays one to two eggs and when hatched the young chicks are called "**colts**." Many of us have had the opportunity to see a pair of adults parading with their colts through our community.

Sandhill Cranes are omnivorous (eats both plants and animals). Their diet is varied and consists of such things as seeds, plant tubers, berries, insects, snakes, frogs and crayfish. They forage for their food which is plentiful in this area. It is not a good idea to put feed out for these birds. When they become accustomed to humans feeding them, they can become very aggressive. There have been reports of Sandhill Cranes attacking young children.

The **Swallow-Tailed Kite** is a spectacular raptor or bird of prey. Their black and white coloring, long pointed wings and distinctive long forked tails make them pretty easy to identify. They live in South America year round but are known to come to Florida and coastal Alabama, Louisiana and Georgia to breed from March through May. Their diet consists of small reptiles, large insects, small birds and mammals. It drinks by skimming lakes and ponds to collect water on the fly. Watch the skies for these distinctive birds. With their four-foot wingspan, they are beautiful in flight.



Our Neighbors, John and Molly

By Lill Malinowski

John McGuire moved next door to us about a year ago. Molly has been here for only a short period of time. John and Molly were recently married in Las Vegas. They honeymooned in Zion, the Grand Canyon, and Bryce National Parks.

Congratulations to Mr. and Mrs. McGuire!!!



A New Experience

By Marsha Levine

I teach art to children and adults from all over the area, including Guatemalan children. The Hispanics celebrate "**Quinceaneras**" which is a 15th birthday party, a version of the Sweet Sixteen party that most of us know. One of my art students, **Alina**, just celebrated her 15th birthday, and David and I were invited to attend her party.

We went to the church her family attends. There were a few hundred people there...mostly from their church. The small church was in Indiantown about 40 minutes from here where many of the Guatemalan (and Mexican and other South Americans) live. They had a band and the services were mostly singing and music, clapping, swaying, and sort of dancing in place - something we never saw before. They were religious songs and in Spanish (which I do not know). The people in the congregation were certainly enjoying themselves at this festive occasion. There were many little children attending. Many church members, who we did not know, came over, shook our hands, welcomed us, and thanked us for coming.

Alina was escorted into the church services by her cousin Sebastian. (He used to take lessons with me too.) She looked gorgeous in a very fancy long gown of several colors and gold. Her parents were all dressed up too, as well as the six attending "maidens" in pink gowns, that followed her. It was almost like a wedding procession. Brisly, also fifteen (another one my art students) was one of the maidens.

The service went on for a long time. So we went outside where they set up an enormous tent for the party. The church people were very sweet and a nice gal

(Continued on page 17)



SOCIAL COMMITTEE

By Sandy Morrow

After two years of co-chairing the Retreat Social Committee, Gail and Sandy are looking for new volunteers to take over the committee for 2011. If you would like to volunteer to hook up with a friend or neighbor and choose a theme for one month, please call Sandy 545.1936 or Gail 545.0706.



On April 10th the social committee hosted a "**Tropical Island**" dinner. Food, friends and tropical music was enjoyed by everyone.

Mickey Vernacchio and Martha Tarquine are hosting a "**Spring Fling**" **Pot Luck Dinner** at the Clubhouse on May 15th at 5:00pm. Sign up will be May 1st at the Clubhouse between 10-11 am.

Please participate in the Social Committee monthly events. Everyone is welcome.

Host a Social Event

By Lill Malinowski

Why not volunteer to host an event for the Social Committee? In March, Wally and I hosted the Greek Dinner which was attended by 76 residents. It was a fun thing to do, and it gave our Social Committee co-chairs, Gail Pezzicola and Sandy Morrow, a much deserved break.



NEWS FROM OUR BOARD OF DIRECTORS

By Bill Cole

1. All legal and engineering issues have been completed concerning our drainage system.
2. DiVosta Homes should have all drainage construction work complete by the time you read this.
3. Safe journey to our seasonal residents. Everyone enjoy the summer.
4. Please contact us with your suggestions or questions.

Thank you for your help and support.



COMMUNICATIONS COMMITTEE

By Dottie Williams

We'd like to remind everyone that in addition to the Newsletter, the Communications Committee offers other services that provide residents with information about our community. Please take a look at our website: www.retreatatseabranh.com, **Channel 63** and the **Bulletin Boards** in the mailroom. Each offers information that might be helpful to you and will keep you up to date on the various activities, events and meetings being held in our community. We also have WI-FI availability in the Clubhouse and pool area.

2010 RETREAT DIRECTORY

The 2010 Retreat Directory has been published and is being distributed. If you have not already gotten a copy, it is available at the Management office in the Clubhouse.



BRIDGE SCORES

By Patsy Shattuck

We are nearing the end of another winter and what a winter we had! In spite of it all, we maintained our bright spot on Tuesday afternoon. Still have room for anyone that would like to join. My number is the same, 546.2011.

TOP 5 SCORES FOR EACH TUESDAY

February 2, 2010

- 1 – Alice Bernhardt
- 2 – Peggy Johnson
- 3 – Carol Flynn
- 4 – Kay Bowen-Smith
- 5 – Marie Ferrandino

February 9, 2010

- 1 – Laura Rothman
- 2 – Jane Schultzaberger
- 3 – Stan Rublowsky
- 4 – Patsy Shattuck
- 5 – Joanne Cichon

February 16, 2010

- 1 – Peggy Johnson
- 2 – Susan Harris
- 3 – Patsy Shattuck
- 4 – George Harris
- 5 – John Bendonis

February 23, 2010

- 1 – Lena Rublowsky
- 2 – Susan Harris
- 3 – Lucille Sanchez
- 4 – Laura Rothman
- 5 – Alan Shattuck

March 2, 2010

- 1 – Alan Shattuck
- 2 – Patsy Shattuck

- 3 – Stan Rublowsky
- 4 – Peggy Johnson
- 5 – Sally Troiani

March 9, 2010

- 1 – Lena Rublowsky
- 2 – Laura Rothman
- 3 – Sally Troiani
- 4 – Muriel Barry
- 5 – Alan Shattuck

March 16, 2010

- 1 – Susan Harris
- 2 – Allison Metcalf
- 3 – Kay Campbell
- 4 – George Harris
- 5 – Mimi Brown

March 23, 2010

- 1 – George Harris
- 2 – Alice Bernhardt
- 3 – Kay Bowen-Smith
- 4 – Allison Metcalf
- 5 – Carol Flynn

March 30, 2010

- 1 – Joanne Cichon
- 2 – Carol Flynn
- 3 – Laura Rothman
- 4 – Susan Harris
- 5 – George Harris



A **HUGE** Thank You!

By Patti Greaves

A heartfelt note to my neighbors, friends and the people of the Retreat. As many of you know, I was involved in a serious accident at the end of Seabranh on Saturday, April 10th. I know someone was watching over me, and I was fortunate to have a well-built car and a quick response by the Martin County Sheriff Deputies and Paramedics. The outpouring of thoughtfulness is more than I could ever imagine. The soups, the desserts, the phone calls and kindness meant so much to me and my husband. We have a great caring community with many special people. I hope my healing process goes well, and my recovery time is short.

Most Important: Please remember to look twice when turning onto U.S. Route 1 and wear your seatbelt! You never know from one minute to the next!

Thank you again!

Sincerely,

Patti Greaves

9232 SE Eldorado Way

GOING AWAY FOR A FEW MONTHS?

BY LILL MALINOWSKI

THERE ARE MANY OF US IN THE RETREAT THAT GO AWAY FOR A FEW MONTHS AT A TIME. IN PRIOR NEWSLETTERS, WE PUBLISHED LISTS THAT RESIDENTS USE TO MAKE SURE ALL IS COMPLETE AND SECURE BEFORE THEY LEAVE. IF YOU ARE NEW TO THE RETREAT AND WOULD LIKE TO REFER TO THESE LISTS, GO TO OUR WEB SITE, CLICK ON INFORMATION, AND THEN NEWSLETTERS. GO TO:

MAY/JUNE 2005-PAGE 5

MAY/JUNE 2006-PAGES 8 AND 9

MAY/JUNE 2007-PAGES 6 AND 7

WHEN YOU ARE PREPARING TO CLOSE DOWN YOUR RETREAT HOME, TAKE YOUR NON-PERISHABLE FOOD THAT IS WITHIN THE EXPIRATION DATE TO OUR MAIL ROOM. PLACE THE FOOD INTO THE **HOUSE OF HOPE** BIN. YOU WILL BE CLEANING OUT YOUR PANTRIES AND ALSO HELPING THOSE IN NEED.

SAFE TRAVELS TO ALL

COMMUNICATION OF YOUR SECURITY SYSTEM

From DEVCON Security Services Corp.

Editorial Comment: This information has been extracted from the DEVCON March 2010 Newsletter. To read other articles in this issue, go to our WEB site, scroll down to the DEVCON link, and click. This link will be updated by our WEB Master as we received new publications from DEVCON.

Your security system needs a means of communication to transmit signals to our Central Station.

Security systems may transmit signals to our Central Station in one of three ways:

- > Transmission over a regular telephone line
- > Transmission over broadband cable service (ie: Comcast Digital Voice or AT&T U-verse)
- > Transmission using a cellular communicator (purchased from Devcon Security)

Communication over a regular phone line or broadband cable service: In case of an alarm, the security system dials the Devcon Central Station and sends signal information about your alarm. Once the information has been transmitted, the system releases your phone line allowing you to use your phone. To cancel an alarm, use your cell phone or wait a moment until your phone line is released.

Communication over a cellular transmitter: Signals are transmitted over a digital cellular line in addition to or instead of your telephone line. This is a very reliable primary method of transmission for home owners who do not have a landline or want a backup in case the telephone line is cut or the cable goes down.

Have you tested your security system recently? If you have made any changes to your phone service, it is very important to call Devcon Security to verify that your system is still able to communicate. When making a change in phone service providers or any time you have your phone line serviced, please call Devcon to test your system. This includes changing your telephone service to Comcast Digital Voice, AT&T U-verse, Voice Over Internet Protocol (VOIP) or using a cellular telephone only. This should be done while your technician is still on site so that any problems can be immediately address and corrected.

Without a phone line or cellular transmitter, your system will not be able to communicate with Devcon. Without communication, the siren on your system will ring in your home but Devcon will not receive any signals and therefore will not be able to dispatch emergency services.

WE' RE ON THE WEB: WWW.DEVCON-SECURITY.COM

Visit our secure website to obtain operation manuals, view alarm activity, or update emergency contact information today. Call our service center at 800.878.7806 if you have any questions.



Fettuccine Alfredo with Bacon

Received from
Joann and
Hank Stasiewicz

(From Cooking Light magazine, January/February 2010)

We used a one pound box of fettuccine and doubled the ingredients on the sauce which worked out to be perfect. Please remember to reserve about 2 cups of the pasta water, this dish firms up quickly after the first serving. I also added more water to the leftovers. Next time we make this recipe, we will bump-up the garlic.

Ingredients

- 1 (9-ounce) package refrigerated fresh fettuccine
- 2 slices applewood-smoked bacon, chopped
- 1 teaspoon minced garlic
- 1 tablespoon all-purpose flour
- 1 cup 1% low-fat milk
- 2/3 cup (about 2 1/2 ounces) grated Parmigiano-Reggiano cheese
- 1/2 teaspoon salt
- 2 tablespoons chopped fresh parsley
- 1/2 teaspoon freshly ground black pepper

Preparation

1. Cook pasta according to package directions, omitting salt and fat. Drain in a colander over a bowl, reserving 1/4 cup cooking liquid.
2. While pasta cooks, cook bacon in a large nonstick skillet over medium-high heat 4 minutes or until crisp, stirring occasionally. Remove bacon from pan, reserving drippings. Add garlic to drippings in pan; sauté 1 minute, stirring constantly. Sprinkle flour over garlic; cook 30 seconds, stirring constantly. Gradually add milk, stirring constantly; cook 2 minutes or until bubbly and slightly thick, stirring constantly. Reduce heat to low. Gradually add cheese, stirring until cheese melts. Stir in salt and reserved 1/4 cup cooking liquid. Add hot pasta to pan; toss well to combine. Sprinkle with bacon, parsley, and pepper.

Here's a favorite recipe of ours that we make every Easter in our family but it certainly can be made anytime. Suggestion: Make the day before serving. It will taste even better!

EASTER RICE CUSTARD

Received from Kathleen Kindstedt

1 6 Qt Stock Pot (or deeper but not less...mine is an 8 Qt Stock Pot)

2 1/2 Qts. Milk (1/2 Gal whole milk + 1 Pt half & half)

2 'Success' Boil n' Bags White Rice (or 3 c white rice)

2 c Sugar

2 Cinnamon Sticks

2 1/2 Tbsp Vanilla

1/2 Stick Butter

1 Tbsp Lemon Juice (1/2 squeezed fresh lemon)

1 Dozen Eggs

1 lb Ricotta Cheese [I use the 15 oz 'Sargento' brand & it works]

1 20 oz. can Crushed Pineapple~in own juice~drained & set aside = *Optional

2 8x8 Pyrex baking dishes [Also recipe will fill: 1 8x8 & 1 9x9 baking dishes..or you can *try* 1 13x9 Pyrex baking dish.]

On these DiVosta glass top stoves, I cook the stock pot full of the milk on the inside circle burner on #8 until it comes to a full boil...testing to see when it gets warm in order to add the sugar a little at a time to blend well. After the sugar is completely added, stir in the rice all at once and then add the cinnamon sticks. As soon as it comes to that boil, lower the temp to #6 and continue a slow boil for 1 hour stirring occasionally.

Remove the pot from the stove & add the butter stirring until it is melted in completely. Now add the vanilla & lemon juice and blend them in also. Cool this combination *completely*, stirring occasionally, before moving onto the next steps.

{This takes a few hours...so be patient.}

Remove the cinnamon sticks. Beat the eggs & ricotta cheese in a separate bowl. Add to the mixture in the pot & blend well. *Add the drained pineapple & fold in until well blended.

Fill the baking glass dishes just to under the rim. Bake 1 hour separately in 350 degree oven. Cool on racks. Refrigerate if not eating right away but take out about 20 - 30 minutes before serving. Serve plain {the way I like it} or with whipped cream {the way Steve likes it.}

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(Continued from page 1) **SISTERS....**

Those are some of the words from the wonderful song written by Irving Berlin which describes the relationship I have with my sisters.

How blessed I am to have my sister, **Gerri (Griffin) Strong** (right-most in picture) as my Capri roof mate; my sister-in-law, **Patte (Boobar) Kessler** (left-most in picture) living just a few houses down from me and now also a new friend "sister" in **Kay Campbell** (second from the right) living a short walk away.

We are truly "devoted" sisters.

I speak for all of us when I say that *we are so lucky to be living here at the Retreat.*

Our community is one of caring and sharing. The picture on page one shows us participating in kind of a goofy Women's Club event. We dressed up in hats and jewels and had some laughs. What else is life about but to enjoy each other in special moments and be there for each other during the difficult times? Here at the Retreat, I feel like I have acquired many other "sisters." I am truly grateful for all of my "sisters" and "brothers" as well!

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(Continued from page 12) **A New Experience**

with two young children came over and talked with us at length and gave us a Spanish horchatta cold drink. It was made from rice, milk and cinnamon. She said that she was practicing her English on us! The musicians from inside the church came outside and also played during the outdoor party. Six of Alina's cousins did a modern dance routine in her honor on the stage with the band. A school mate sang to her and Alina got up and sang as well. While the band was playing special Spanish music, dinner was served. We had Spanish bean soup, tacos, tortillas, rice, potato salad, barbecued shrimp, chicken and meat on a stick. There were three huge birthday cakes.

Alina's mom told us that she also had musicians show up at her house at 4 AM (Yes, that is correct.) to serenade Alina, outside under her bedroom window on the day of her party. It must surely be a tradition.

It was such a lovely and interesting party. We were honored to be invited and we will never forget it.



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Auction photos by: Dave Williams, Carol Stone, Marlene Boobar, Wally Malinowski, and others

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**HAPPY
FATHER'S
DAY**





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