



# The Retreat Newsletter

May/June 2013

Volume 10, Issue 3



## MOST FAVORITE RETREAT EVENT

**WOMEN'S  
CLUB OF  
THE  
RETREAT**

### A FAVORITE ACTIVITY AT THE RETREAT

By Audrey DeLoffi

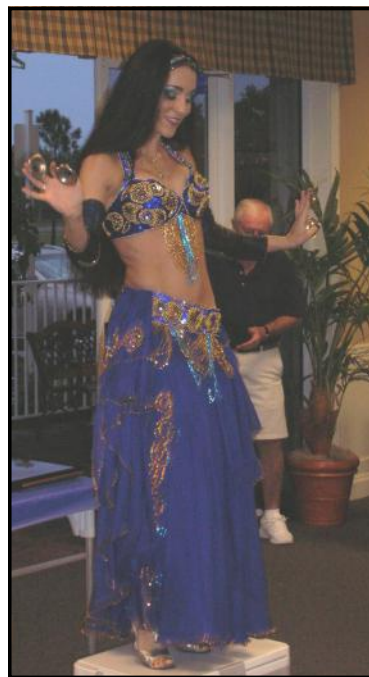
There are so many wonderful things I love about the Retreat that it's hard to single out just one. One of my favorites is the **Women's Club of the Retreat**—the variety of events from social activities to providing support to area non-profits provides an endless number of choices in which to participate. I love to go to the monthly luncheons and try new restaurants and love the trips to area attractions such as the Morikami Museum and Garden Show. Since I don't often get to the movies, an afternoon 'flick' with the women is a great way to see recent releases.

When I first arrived here as a renter in December 2011, I immediately joined the Women's Club and within three days of our arrival, I was at their Holiday Luncheon! Since that time, I have met so many wonderful women, with so many different life experiences.

As a retired fundraiser, I especially have enjoyed chairing the Outreach Committee of the Club. Our Outreach Committee, along with the support of our members, raised over \$1,200 this year from the International Tasting (chaired by Deb Benson) and the Book and Bake Sale (chaired by Barbara Rushing). Each year the Club chooses a charity to support financially. The money raised from these two activities was donated to SafeSpace, a shelter for abused women and their children.

Our gift to SafeSpace was in addition to the monthly \$100 the Women's Club donates to the House of Hope for food purchases which is overseen by Dotti and

*(Continued on page 2)*



### GREEK NIGHT

By Helen Larcom

The event we most enjoyed at the Retreat was the **Greek Night**. It was chaired by Lill and Wally Malinowski. The food was catered by a restaurant and was delicious. We were all surprised with a belly dancer who was very good and even got a couple of our residents up to dance with her. All in all, it was a very memorable evening. There have been so many good events but this one stood out.

### MY FAVORITE EVENT

By Marlene Boobar

My favorite event at the Retreat was actually three events! For three years in a row, our Relay For Life Retreat Team, sponsored **cruises** to raise money for the American Cancer Society. In 2009, we took a five-night cruise on Celebrity; 2010 we did a seven-night on Princess; 2011 we spent another seven nights together on a Carnival ship. Of course I love the Women's Club since I have met so many wonderful women through it. There have been many memorable activities and events sponsored by the Women's Club. But I have to say, it was especially nice to get to know



*(Continued on page 2)*

George Wurster. What a pleasure it was for our Club to visit the newly renovated House of Hope to tour their warehouse, administrative offices and meet their new director, Elizabeth Barbella and the manager of volunteers, Kelly McIntyre. We also had many giggles as we 'shopped til we dropped' at four of the local thrift shops run by local charities: the Humane Society, SafeSpace, Mary's Shelter and Treasure Coast Hospice.

Artistic or not, there are opportunities to develop that talent with painting on glass or canvas. Even my husband was surprised when I came home with this beautifully painted bird house!!

**Marlene Boobar**, President of the Club is like the "Energizer Bunny"—she is just everywhere, warmly greeting both old and new members, writing notes to thank members for their participation, sending emails to announce birthdays or forwarding news about members who may need some special cheer.

Remember that the Women's Club is open to all women in the Retreat. Whether you have been a past member of the Club or never joined—now is the time to try it out. Many activities have already been planned for the 2013-2014 year—don't miss out!!



## DEVCON SECURITY NEWSLETTER

This is a reminder that our WEB Master, Gene Gillis, posts the latest edition of Devcon Security's Community Association Service Center Newsletter on our WEB site. Go to: [www.retreatatseabbranch.com](http://www.retreatatseabbranch.com), then click on INFORMATION, then click on NEWSLETTER. If you have questions for DEVCON, contact the Devcon **Community Association Service Center** from 8am-5pm Monday thru Friday at 800.878.7806 for fastest service.

<i>Editor &amp; Publisher</i>	<i>Co-Editor</i>
<b>Lill Malinowski</b> 545.3732 wallylill@comcast.net	<b>Dottie Williams</b> 546.3866 davedottie@gmail.com

Information in this newsletter is believed to be reliable, but is not guaranteed for accuracy or completeness. Such information is provided solely for informational purposes, and should not be construed as definitive. Any information contained herein is not intended to be a substitute for independent investigation on any subject matter. The Retreat at Seabranh Homeowners Association as well as the editors and individual contributors to this newsletter expressly disclaim all liability in respect to actions taken or not taken based on the contents of this newsletter.

**TO ADVERTISE IN THE RETREAT NEWSLETTER,  
CONTACT CONI MC GUINN AT 545.3465.**

some of the husbands that are attached with those women! And, what isn't there to like about going on a cruise? No worries about cooking, cleaning or things to do! Getting away is always fun. Spending time with neighbors who have since become friends is the best treat of all. Going on a cruise and raising money for the American Cancer Society has been my most favorite adventure here at the Retreat!

## TEXTING CODE FOR OLDER FOLKS

ATD - At The Doctors ...

BFF - Best Friend Fell ...

BTW - Bring the Wheelchair ...

BYOT - Bring Your Own Teeth ...

FWIW - Forgot Where I Was ...

GGPBL - Gotta Go Pacemaker Battery Low ...

IMHO - Is My Hearing-Aid On ...

LMDO - Laughing My Dentures Out ...

OMMR - On My Massage Recliner ...

OMSG - Oh My! Sorry, Gas ...

ROFLACGU - Rolling On Floor Laughing And Can't Get Up...





## Books and Friends

By Sherlie Carls

I like the **book sales**. I love meeting the many **four-legged friends** on our walks as well as the **two-legged friends**. I am grateful to be living in such a beautiful place.

## Neighbors and a Wonderful Neighborhood



By Gino and Connie Giliberto

Our favorite Retreat event is enjoying **our neighbors and wonderful neighborhood**. Be it a smile, wave, conversation, or kind deed, we are so blessed to have so many caring people in our close knit community. There are always numerous events/activities one can attend that keep this place hopping with adventure!



## AUCTIONS

By Wally Malinowski

One of my favorite Retreat events has been the **Relay For Life fundraiser auctions**. They are entertaining and fun, and we raised a lot of money for the American Cancer Society with these auctions. Retreat resident, **Tim Luke**, has been our auctioneer. Tim is very amusing and goes through the live auction items quickly. I think it is time for another auction!



## MY FAVORITE RETREAT EVENT

By Lill Malinowski

I have attended many Retreat events. There are the Social Committee, the First Fridays, and the Women's Club events. There also were many events that our friends and neighbors put together. It was difficult trying to select my MOST favorite.

My friend **Marlene Boobar** has chaired many amazing events for the Women's Club and for our Relay For Life team

fundraisers. My most memorable event was when the Women's Club was celebrating a patriotic holiday. Our Clubhouse was aglow in red, white, and blue. All of a sudden, our guest celebrity appeared—**Kate Smith!!!** And she started singing "God Bless America." We all stood up and joined in the singing waving our American flags. I get goose bumps every time I think about this. The lady next to me asked who that was since we knew that Kate Smith died a number of years ago. When I whispered to her that I think that is Marlene, she could not believe me. What a transformation Marlene made! We all continued to sing and laugh and had tears in our eyes not only from the laughter but from how we felt about the good old USA! It was a Kodak moment. Thank you, Marlene, for hosting many great events but this one had to be the GREATEST one!

For those of you that do not know who Kate Smith is, go GOGGLE her name!



Journalist from Russia, Artur Mikhailov, Marsha Mark, Bob Mark. Photo by Maxim Skvort.

## Retreat Visitors

By Marsha Mark

Perhaps you saw two men, one with a camera, who were very excited about the beauty of our Retreat and Seabranh Boulevard. The purpose of their visit was to complete a documentary film on the life of **Prince Alexander Menchikoff of Russia**, a relative of Marsha Mark. Bob and Marsha hosted Artur and Maxim. They were interviewed and filmed by their guests. This will complete the story of the Menchikoff family. The documentary will be seen on Russian TV. The Marks gathered neighbors for a send off to Russia for these two gentlemen.

## WHAT'S UP AT THE WOMEN'S CLUB? By Mona Wiley

**May 4th begins with "the run for the roses" Kentucky Derby** event at the Clubhouse. The Social Committee and Women's Club are working together to make this a fun event. **All Retreat residents** are invited! Pre-horse viewing and betting begins at 4:00 p.m., and you can place your bets with Barry Mussatto and Tom D'Avanzo, who have the betting board down to a science. Some serious betters in our group bet by choosing their favorite horse names!! BYOB – to make mint juleps (mixers are provided) and there will be hot and cold hors d'oeuvres to share during the race. Hats are always a hit! If you have always wanted to wear a crazy hat, this is the time! There will be a prize for the most creative hat. \$10 per person will get you in...pay at the door. PLEASE sign up in the mail room, so the organizers will know how many to plan for.

I hope you all had an opportunity to attend some of our April events – lunch at the Seminole Inn, or a visit to the Zoo or Morikami Gardens or the Stuart Garden show and sale at the fairgrounds.

**It's time to renew membership in the Women's Club. We are 100 strong now!!** Marlene has already sent out membership forms to be filled out and turned in by May 1st. If you plan to renew, and we hope you do, please complete the application. The club's year runs from April 1st through March 31st; activity year runs from October 1st through May 30th.

A very **BIG thank you** to not only the members of the Women's Club, but also to community residents, who helped make our fund raisers for SafeSpace successful. We presented SafeSpace with over \$1,200 raised from those two events. Our hope is that this wonderful organization may continue to provide a safe space to domestic violence victims.

**Friday, May 10th**, is Farewell to the Birds lunch at **Chris D'Anna's** at noon. Sign up in the mailroom by Wednesday, May 8th. As usual, separate checks. A cake will be provided. Come say your good-byes and enjoy a delicious lunch. Meet at the restaurant. Contact Helen Larcom with any questions.

**Saturday, May 11th** is a neighborhood bike ride to exercise any extra stuff you put on your thighs from Friday's lunch!! Join us ol' gals for a leisurely ride through the neighborhood. Gather at Clubhouse at 9:00 a.m. Refreshments back at the Clubhouse at 10:00. Bring your camera if you want to stop and take pictures of some wild life. Contact is Marlene Boobar.

**May 18th or 19th** is a "Stars and Moon Concert" by the Treasure Coast Community Singers at the North Stuart Baptist Church (on left after the Roosevelt Bridge) 3:00 pm. Sign up in mailroom and \$10 is the advance price. Contact Dottie Williams.

**Monday, May 20th is the Monthly Women's Club Meeting!!** Refreshments are served at 6:30 p.m. and meeting at 7:00 p.m. The Sherriff's department will speak about the Pillow Case Burglars and give tips on how to keep yourself and your home safe, especially during the summer months. Come and mix and mingle with new and old friends. All in the community are most welcome!

**Lastly, a very BIG THANK YOU to the officers and committees who have done an outstanding job with events, organization and interesting and fun monthly meetings. Various committee members and their assistants have gone above and beyond to make this year a successful and fun time with various activities for all.** Have a wonderful summer and we'll see you back and active in the group in the fall. Safe travels!



Luncheon at The Hunter's Grill



## **WOMEN'S CLUB OF THE RETREAT**

**MEMBERSHIP YEAR:**

**April 1<sup>st</sup> to March 31<sup>st</sup>**

**ACTIVITY YEAR:**

**October 1<sup>st</sup> to May 31<sup>st</sup>**

***Meetings: 3<sup>rd</sup> Monday of each month  
except summer***

***Next Meeting: May 20<sup>th</sup>***

*Doors open at 6:30 PM Refreshments*

*7.00 PM Business Meeting... program  
to follow*

***All welcome...check  
us out!!!***



WOMEN'S CLUB GOES TO MORIKAMI GARDEN



Entertainers Alex Miranda and Juliet Sharp at our April Meeting



Top row, 2013 Irish Music Concert of the Treasure Coast Community Singers— Women's Club members Dottie Sacco and Dottie Williams are members and performed at this event. Many Women's Club members and their guests attended.



Above, Women's Club member and owner of Dimar Florist, Elizabeth DuBois, demonstrated how to make a beautiful centerpiece.

Women's Club of the Retreat had Arts and Crafts day with Emily Mussatto, Mary D'Avanzo and Mickey Harris. What fun!



03/23/2013 10



2013 Flower Show - Stuart Garden Club (Lois Raska and Carol Stone are members). The above arrangement is Lois' exhibit.



04/15/20

Outreach Committee giving to SafeSpace over \$1,200. Far left, Deb Benson, Chair of Outreach's International Taste Dinner; holding check, Barbara Rushing, Chair of the Book and Bake Sales; far right, Carol Stone, Friends of SafeSpace.



Emily Mussatto presented Women's Club President Marlene Boobar with a bouquet of flowers in appreciation for all she has done.



To the left, successful Book and Bake Sale by the Women's Club Outreach Committee. Barbara Rushing chaired this event which raise over \$500.00 for SafeSpace. Thank you to all Retreat residents who worked and/or bought.

Women's Club Indiantown luncheon





## The Retreat Remembers... Relay For Life Team's Spring Song

By Helen Larcom

On Sunday, March 24th we had our fundraiser Spring Song, featuring T-n-T Music Show, a father and son singing duo. It was so nice of them to donate their time to this cause. Everyone that attended had a good time. We had snacks on the tables, appetizers, lots of homemade desserts, coffee and bottled water. We raised **\$750** for the American Cancer Society!

I would like to thank Lill and Wally Malinowski for all their help from making and selling tickets, bringing paper supplies, appetizers and more. Also, Marianne and Al Jacobs who sold tickets and 50/50 tickets and made appetizers, too. They both helped with anything that needed to be done. Martha Tarquine who helped sell tickets, put together most of the flower arrangements and made an appetizer. Lucille Sanchez who sold tickets, baked and greeted people. I thank Chuck Eschenburg and Marlene Boobar for making the posters. And to the rest of the team who helped out and/or brought refreshments. We really appreciate each and every one of you. All of you made for a wonderful Sunday afternoon.





## NEWS FROM OUR BOARD OF DIRECTORS

By Bill Cole

1. On 4/16/13 your Board voted to spend some \$34,000.00 for landscaping improvements and lighting enhancements. The landscaping at the Retreat entry signs on Seabranh and the East gate will be replaced with some really nice palms and color plantings. Dramatic lighting, too. The big circle near the Clubhouse will receive the same type of lighting treatment.

The small traffic circle on Retreat and Glacier will have three street lights installed on the corners. This is a very dark area and this will make it better for walkers and drivers.

This will be an investment of about \$60.00 per home. Money is coming from our reserves. We believe that your home values will be increased by this small investment.

We have been replacing dead plantings in several common areas this year, too.

2. Our lawsuit against our neighbors at Double Tree (Lost Lake) has been filed. We maintain they have violated our shared facilities agreement by not paying their share of the costs. If they do not settle this, a court case will be the only solution.

3. To our seasonal residents, enjoy your summer and to our regular residents...let's hope we can have another season with no storms.

4. Finances are healthy and all is operating well. First quarter 2013 operating results are on the website. An audit of 2012 operations by our CPA is in the mail to you.

Thank you for your support. Contact us with your suggestions.

## News from ValleyCrest

By Fred Collins

My name is Fred Collins. As of January 2013 I became the Account Manager for ValleyCrest Landscape Services in your community. After being on site, one of the first issues of concern is the die back of Eugenia. There are many Eugenia plantings in the Retreat. The Oakmonts and Carlyles have them planted around the air conditioners. The Capris have them around the privacy walls. Unfortunately there is no cure or treatment for this disease. Following is an article from the University of Florida explaining the effects. As there is no cure for the disease, there are other plant substitutions to consider.

I am looking forward to working with the community leaders and the homeowners in your great community.

## Branch Dieback of *Syzygium Paniculatum* (Eugenia)

### Introduction

*Syzygium paniculatum* (Myrtaceae; syns. *Eugenia myrtifolia*; *E. paniculata* var. *australis*) is an economically important plant in the South Florida ornamental industry. Known as eugenia in the trade, the plant's popularity stems from its dense, attractive foliage, the ease with which the canopy can be sculpted, and its relatively carefree management. It is used as a potted plant, in espaliers and topiaries, and in hedges in USDA Hardiness Zones 10 and 11. Shortly after Hurricane Wilma in November 2005, a serious dieback disease began to affect nursery production of eugenia in the Homestead area (southern Miami-Dade County). Since then, the disease has become prevalent, affecting local nurseries throughout South Florida.

### Symptoms

Symptoms include wilting and death of terminal and lateral branches and vascular discoloration in dead and dying branches and the main stem. Disease develops in both sculpted (pruned) and nonsculpted plants. Leaves turn necrotic (dead) and remain attached for a week or longer after death, although branches and plants affected by the disease eventually defoliate. Brick red, vascular discoloration is extensive in dead and dying branches at their insertion points along the main stem. In general, the disease develops during late summer and becomes infrequent as temperatures drop in the late fall and winter.

### Disease Cycle and Epidemiology

Dieback occurs mainly in the late summer with the onset of high temperatures. The severity of external and internal symptoms increases as temperature increases. Sunlight does not impact disease severity, so the production of eugenia in full sun is not a contributing factor to the disease. Research findings working with related pathogens that cause dieback diseases have shown that drought stress induces disease. Further research is under way to fully characterize the disease cycle and to determine the environmental factors that contribute to disease development in *Syzygium paniculatum*.



## SOCIAL COMMITTEE

By Gail Pezzicola

For those of you that are heading north, please bring back with you when you return in the fall **your baby picture and a t-shirt from your hometown**. We are putting together a social event where we would need these two things that people might not keep here if they are snowbirds. Thanks so much. There is no date for the event yet.



# Pharmacy Topics

By Connie Bandy, R.Ph., Doctor of Pharmacy

## New FDA Warning for Azithromycin

A very commonly used antibiotic, azithromycin (Zithromax®, Zmax®, Z-Pack®), has been linked to potentially fatal irregular heart rhythms. On March 12, 2013, the FDA issued a warning and the drug's labeling has been updated to include information regarding the risk of an EKG abnormality, called QT interval prolongation, and a rare heart arrhythmia known as torsades de pointes. Patients that are at higher risk for developing these conditions while on azithromycin are: patients that have an existing QT interval prolongation; those with low levels of blood potassium or magnesium; patients with abnormally slow heart rates; and those who are currently using drugs to treat abnormal heart rhythms.

The warning was based on a review of a study which recently appeared in the *New England Journal of Medicine* and a separate study by the drug's manufacturer. Both studies found that during the 5 days of therapy, those taking azithromycin had an increased risk of cardiovascular death compared with those taking no antibiotics. This increased cardiovascular risk was also higher compared to those patients taking other antibiotics, including amoxicillin and ciprofloxacin. Notably, this risk was not different in patients taking levofloxacin.

Azithromycin is in a class of antibiotics called "macrolides" – erythromycin (EryTab®, Erythrocin®, Pediazole®) and clarithromycin (Biaxin®) are in this same class. These antibiotics are used to treat many different types of infections caused by bacteria including respiratory infections, skin and ear infections, and sexually transmitted diseases. Azithromycin is frequently used in patients that cannot take the penicillin and cephalosporin type of antibiotics due to drug allergies and/or side effect issues. Note that the FDA has not issued this warning for the other macrolide antibiotics.

The FDA advises health care professionals to take the risk of fatal heart rhythms associated with azithromycin into account when treating patients who are at risk of cardiovascular events. If you have any of the "high risk" conditions described above and are prescribed azithromycin, please ask your physician if a suitable substitute might be available.



### UNNEEDED MEDICATION

Received from the Martin County Sherriff's Office

The Martin County Sherriff's Office is providing a drop off for unneeded pills in the lobby of the Sherriff's Office at 800 SE Monterey Road in Stuart. This is during normal business hours from 8AM to 5PM Monday through Friday excluding holidays. The pills must be in the original container. Black out your personal information such as name, address and prescription number. The collected pills are incinerated under a very controlled process. Do not throw prescription pills in the trash or flush them in the toilet—keep them out of the ecosystem.

For liquid medications, mix the liquid in either used coffee grinds or kitty litter and dispose of in your trash. Do not bring this to the Sherriff's Office.

On Saturday, April 27th from 10AM to 2PM, there will be three drop off locations in which you can bring your expired or no longer needed prescription pills. The one closet to the Retreat is the Walgreens Pharmacy on US-1 and Cove Road.

If you have questions, contact the Sherriff's Office during normal business hours at 220.7000.



## BRIDGE SCORES

By Peggy Johnson

The Bridge Group had a winter enjoyed by all. So good to see and enjoy our snow bird friends. We wish them safe travels and a lovely summer. Our esteemed leader, Patsy Shattuck had a bump in the road and is recovering nicely. Thus I am doing my best to hold down the fort 'til she's ready to take back the helm. All have been very patient with me. Thanks! Please feel free to call or e-mail me with any questions. 872.6242 or margpeg@msn.com.

### February 5, 2013

- 1 – Fran Elson
- 2 – Patsy Shattuck
- 3 – Peggy Johnson
- 4 – Jeanne Sopelsa
- 5 – Carol Flynn

### February 12, 2013

- 1 – Alan Shattuck
- 2 – Sally Dunmire
- 3 – Fran Elson
- 4 – Peggy Johnson
- 5 – Patsy Shattuck

### February 19, 2013

- 1 – Kay Campbell
- 2 – Sue Behn
- 3 – Lyn Kennedy
- 4 – Muriel Barry
- 5 – Sue Lynn

### February 26, 2013

- 1 – Kay Campbell
- 2 – Carol Flynn
- 3 – Stan Rublowsky
- 4 – Nick Falcone
- 5 – Lyn Kennedy

### March 5, 2013

- 1 – Peggy Johnson
- 2 – Bill Burns
- 3 – Jeanne Sopelsa
- 4 – Sally Dunmire
- 5 – Anne Falcone

### March 12, 2013

- 1 – Joe Elson
- 2 – Jeanne Sopelsa
- 3 – Peggy Johnson
- 4 – Sue Lynn
- 5 – Sally Dunmire

### March 19, 2013

- 1 – Fran Elson
- 2 – Lyn Kennedy
- 3 – Kay Campbell
- 4 – Peggy Johnson
- 5 – Jeanne Sopelsa

### March 26, 2013

- 1 – Laura Rothman
- 2 – Sue Behn
- 3 – Lyn Kennedy
- 4 – Muriel Barry
- 5 – Sue Lynn

### April 2, 2013

- 1 – Kay Bowen-Smith
- 2 – Muriel Barry
- 3 – Kay Campbell
- 4 – Sue Lynn
- 5 – Sue Behn

### April 9, 2013

- 1 - Sue Lynn
- 2 – Nick Falcone
- 3 – Alan Shattuck
- 4 – Anne Falcone
- 5 – Barry Mussatto & Patsy Shattuck (tie)



## ALLIGATORS

By Dave Williams

I caught these alligators on March 3rd this year trying to get warm in the sun. The nights have been cool, and they are cold-blooded. I think they are each at least 10-foot long. The guy with the hump back is a regular on our lake 10.



## BABY WILD BOAR

By Carol Stone

We live with more than exotic birds and alligators here in the Retreat. Here is a baby wild boar.

**RETREAT  
BOARD  
OF  
DIRECTORS**

President	Bill Cole	546.5353	wcole2b@yahoo.com
Vice-President	Pat Pezzicola	545.0706	pezzicolap@comcast.net
Secretary	Coni McGuinn	545.3465	conimcguinn@aol.com
Treasurer	Susan Hemmer	324.8670	syacht@comcast.net
Director at Large	Dave Williams	546.3866	davedottie@gmail.com

**RETREAT  
PROPERTY  
MANAGER**

<b>Office Hours:</b> Monday Wednesday Friday 8 am to 11 am 772.546.6112	<b>Ron Barrow</b>	<b>Clubhouse Fax:</b> 546.1699 <b>Capital Realty</b> for Work Orders, General Questions, Emergencies: 1.800.940.1088	retreathoa@comcast.net
--	-----------------------	---	------------------------

**RETREAT  
COMMITTEES**

<b>Architectural Control</b>	Dave Greaves	545.2664	david.greaves@ globalriskconsultants.com
<b>Clubhouse</b>	Gail Pezzicola	545.0706	gpezzicola@comcast.net
<b>Communications</b>	Lill Malinowski	545.3732	wallylill@comcast.net
<b>Covenant</b>	Nick Sacco	546.0654	nicktherealtor1@yahoo.com
<b>Finance</b>	Larry Anderson	546.9357	llea22@bellsouth.net
<b>Social</b>	Sandy Morrow Gail Pezzicola	545.1936 545.0706	sandymorrow7@gmail.com gpezzicola@comcast.net

**Retreat Activities**

*All Retreat residents are invited to take part in our Retreat Activities. Retreat Homeowners are invited to participate in the Retreat Committees. For more information, please call the contact person.*

<b>Channel 63</b>	Jim Morrow	545.1936
<b>First Fridays</b>	Audrey DeLoffi Jean Scerbo	245.8420 545.3592
<b>Mah Jongg</b>	Angela Bibby	545.9195
<b>Duplicate Bridge</b>	Carol Flynn Alice Bernhardt	772.359.8274 600.5226
<b>Knot Just Knitting</b>	Sandy Morrow Liz Plourde	545.1936 546.5673
<b>Poker—Men's Straight</b>	Joe Ciocia	545.9767
<b>Poker—Texas "Hold—Em"</b>	Lois & Charles Raska Lois & Otto Vernacchio	545.2733 546.7523
<b>Red Hat Society</b>	Rita Lariviere	546.9744
<b>Relay For Life</b>	Lill Malinowski	545.3732

<b>Retreat Assistance Network (RAN)</b>	Muriel Barry Alice Bernhardt Marie Ferrandino Sally Troiani	545.1919 600.5226 546.5476 872.6053
<b>Retreat Directory</b>	Coni McGuinn	545.3465
<b>Retreat Newsletter</b>	Lill Malinowski Dottie Williams	545.3732 546.3866
<b>Social Bridge</b>	Patsy Shattuck	546.2011
<b>Tennis</b>	Tom D'Avanzo	545.7229
<b>WEB Master</b>	Gene Gillis	545.9304
<b>Women's Club of the Retreat</b>	Marlene Boobar Mickey Vernacchio Gerri Strong Emily Mussatto Jean Scerbo	545.1043 546.4236 545.9963 546.2774 545.3592



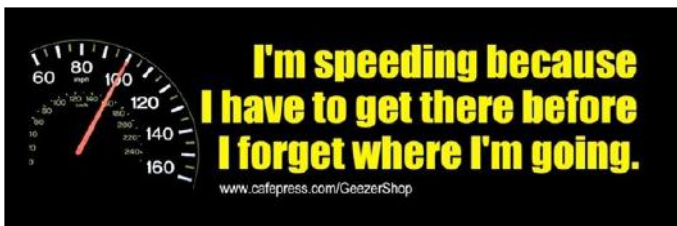
- Senior Solutions for Safety
- Paint, Flooring, Tile, Windows
- Kitchen/Bathroom Remodel

772.781.4291

2012 Hobe Sound Chamber  
Small Business of the Year

### **Business owners—The Retreat Newsletter**

is a great place for you to reach local customers. Ads are business card size in black and white. The ads appear in color on our WEB site, [www.retreatatseabran.ch.com](http://www.retreatatseabran.ch.com). Cost for each ad is \$125 for the year. A yearly contract is required. Please contact Coni McGuinn at 545.3465 or [conimcguinn@aol.com](mailto:conimcguinn@aol.com). The revenue from the ads is used to defray our newsletter printing expenses.



## **MEMORIAL DAY — MAY 27**

### **PHOTO CREDITS**

Women's Club—Carol Stone, Marlene Boobar,  
Deb Benson

Alligators—Dave Williams

Boar—Carol Stone

Relay—Marlene Boobar



## **Retreat Resident 20 Years Experience**

561-316-8727

[KathleenNagro@gmail.com](mailto:KathleenNagro@gmail.com)  
[www.kathleennagro.com](http://www.kathleennagro.com)

LANG REALTY

Hello Retreat Residents!

Thank you to all the contributors to this newsletter!

As in the past, there will not be a July/August newsletter. We need a rest.

Have a fun, safe and healthy summer!

Your Newsletter Staff

## **GOING AWAY FOR A FEW MONTHS?**

THERE ARE MANY OF US IN THE RETREAT THAT GO AWAY FOR A FEW MONTHS AT A TIME. IN PRIOR NEWSLETTERS, WE PUBLISHED LISTS THAT RESIDENTS USE TO MAKE SURE ALL IS COMPLETE AND SECURE BEFORE THEY LEAVE. IF YOU ARE NEW TO THE RETREAT AND WOULD LIKE TO REFER TO THESE LISTS, GO TO OUR WEB SITE, CLICK ON INFORMATION, AND THEN NEWSLETTER. GO TO:

MAY/JUNE 2005 - PAGE 5

MAY/JUNE 2007 - PAGES 6 AND 7

WHEN YOU ARE PREPARING TO CLOSE DOWN YOUR RETREAT HOME, TAKE YOUR NON-PERISHABLE FOOD THAT IS WITHIN THE EXPIRATION DATE TO OUR MAIL ROOM. PLACE THE FOOD INTO THE **HOUSE OF HOPE** BIN. YOU WILL BE CLEANING OUT YOUR PANTRIES AND ALSO HELPING THOSE IN NEED.

THE HOUSE OF HOPE NOW TAKES FROZEN AND REFRIGERATED FOOD AS WELL. YOU CAN EITHER DROP IT OFF AT THE WURSTER RESIDENCE (8883 SE RETREAT DRIVE) OR CALL THEM AT 546.3248 FOR PICK-UP.

THANK YOU TO DOTTI AND GEORGE WURSTER FOR CONTINUING TO DO THIS FOR SO MANY YEARS!

**SAFE TRAVELS TO ALL!**



**Prudential**

**Linda Kosmala, PA, Broker**  
I Live, List and Sell in the RETREAT !!!

**Prudential Florida Realty**

Website: [RetreatLinda.com](http://RetreatLinda.com)  
Email: [LindaKosmala@Comcast.net](mailto:LindaKosmala@Comcast.net)  
Cell: 772.284.5110  
Home: 772.545.7266



An independently owned and operated member of The Prudential Real Estate Affiliates, Inc.

**Stuart Computer Service**

Computer Repair & Setup ~ Computer Sales ~ Networks  
Backup Solutions ~ Data Recovery ~ Virus Removal



**Roger Bergstein**

Office: 772-919-3669  
Cell: 772-214-6750



[roger@stuartcomputer.com](mailto:roger@stuartcomputer.com)  
[www.stuartcomputer.com](http://www.stuartcomputer.com)



**ILLUSTRATED PROPERTIES**

300 W. Indiantown Rd. Jupiter, FL 33458

**Nick Sacco**  
REALTOR®

Direct: (772) 293-9876  
Bus: (561) 746-0008  
Fax: (772) 546-0670  
Cell: (561) 758-8889

Email: [NickTheRealtor1@yahoo.com](mailto:NickTheRealtor1@yahoo.com)

**YOUR NEIGHBOR IN THE RETREAT**



**Seabran**  
**ShipCenter**

Free



A Neighborhood Pack & Ship  
in Seabran Square

**287-9810**

Fax: (772) 287-9811  
5667 SE Crooked Oak Avenue  
Hobe Sound, FL 33455



Authorized ShipCenter



**Carl Rizzuto**  
REALTOR®

**KELLER WILLIAMS**

REALTY  
of Jupiter/Tequesta/Hobe Sound

Office: 561-296-8420  
Toll Free: 888-282-2128  
Fax: 561-427-6101  
Email: [Carl@CarlRizzuto.com](mailto:Carl@CarlRizzuto.com)

4455 Military Trail, Suite 100  
Jupiter, FL 33458  
Each Office is Independently Owned and Operated



Call **GEORGE & CHAD**

[www.retreatgeorge.com](http://www.retreatgeorge.com)

George Rebholz &  
Chad Thurman

Office 772-546-8686  
(cell) 772-631-6097

**Retreat Specialists**



**Residential Real Estate LLC.**  
10778 US Highway 1, Hobe Sound, FL 33455

**richard langbert designs**



Specializing in custom hand made  
silver jewelry with colorful stones

The Retreat  
545-9599  
[www.rlangbert.com](http://www.rlangbert.com)

THANK YOU TO OUR ADVERTISERS



**MARGUERITE B. KRUTE**  
*Broker Associate*

Cell: 772-475-9310  
Office: 772-223-1000  
Fax: 772-221-3261

6500 SE Mariner Sands Drive  
Stuart, FL 34996

[margueritekrute@hotmail.com](mailto:margueritekrute@hotmail.com)



**Kevin E. Knoop**

- Expert Auto Detailing
- Bicycle Repair & Maintenance

[4wheel2wheel@gmail.com](mailto:4wheel2wheel@gmail.com)

**772.349.4585**



HOBE SOUND

**Vijay Mehra**  
General Manager

5687 SE Crooked Oak Avenue  
Hobe Sound, Florida 33455

phone: 772.210.2350

[www.thehuntersgrill.com](http://www.thehuntersgrill.com)

email: [vijay@thehuntersgrill.com](mailto:vijay@thehuntersgrill.com)