



The Retreat Newsletter

May/June 2007

Volume 4, Issue 3



PROFILES OF RETREAT RESIDENTS

A SPECIAL PLACE

By The Passers-By



Our daily walk draws us to a special corner. Special because there, the sun always shines gently, the breezes blow lightly and the birds sing sweetly. There

passers-by are greeted with a cheery, "How are you today?"

The question comes from a human **Ruellia Brittoniana** who blooms daily and adds beauty to the surroundings. Friendly chatter yields words of wisdom, words of experience and words of encouragement. We leave refreshed and optimistic!

A short while ago our daily walks were not met with the presence of our friend. Inquiries revealed the sad news that she was in grave condition. Her family had been called to gather at her bedside. The outlook was not good.

A prayer was offered; then several days passed without any news. Then, at last good news—she was home recuperating!

After a while, we saw her in a wheelchair, using oxygen to assist her breathing. At this first glance, her condition saddened us- then a surprising, "How are you today?" came from that small figure. It gladdened our hearts when we discovered that her mind and spirit are alive and well. Thank God!

Now our **Ruellia Brittoniana** i.e. **VICTORIA ZAKIAN** is back in bloom and back on her corner.

To us, that *special* spot will always be known as **Victoria's Station**, for this is the corner where a gentle Spirit and beautiful aura lingers... to bless the day.

PAT FLEMING

By Sue Behn

Our neighbor, **Pat Fleming**, was named "2006 Officer of the Year" by Jupiter Police Chief, **Ted Gonzales**. Pat was selected for his work as a peace officer on Jupiter Island. He works rotating 12 hour shifts patrolling the beach on an ATV and a cruiser. His goal is to control human smuggling and other illicit

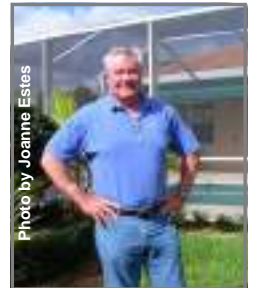


Photo by Joanne Estes

(Continued on page 5)

A Man Who Loves Music

By Jan Kasuboske



Photo by Jan Kasuboske

"I've come to believe that each of us has a personal calling that's as unique as a fingerprint - and that the best way to succeed is to discover what you love and then find a way to offer it to others in the form of service, working hard, and also allowing the energy of the universe to lead you." Oprah Winfrey

The Retreat is home to many interesting and diverse individuals. **James Estes** of Retreat Drive is a man who discovered his love of music at a young age and then has found ways to offer it to others throughout his life. He is a professional musician. He got his start in Elementary School in Mississippi. After mastering the recorder, he was selected to learn the trumpet, which led to junior high, high school, and college bands. He majored in music education at the University of Southern Mississippi. He started his career teaching at Shaw High School in Mobile, Alabama. A real plus for teaching in Mobile was that he got involved with the Mobile

Symphony. He quickly learned that his real love in music was in performance, so he furthered his trumpet skills by studying with Vincent Cichowicz of the Chicago Symphony. While doing this, he continued to teach at Mt. Zion Junior High School in central Illinois. This required weekend trips to Chicago to study, so he could pursue his dream. His first real job with a symphony was with the Syracuse Symphony. However, he continued to teach music during that time at West Genesee High School in Syracuse. Following that he auditioned for the Florida Philharmonic and earned the Co-Principal Trumpet position. He stayed with the Florida Philharmonic, an orchestra with eighty-four members, for twenty-three years.

Mr. Estes has many fond memories of his years with the Florida Philharmonic, which declared bankruptcy in 2003. This was a full time job for him, which included benefits. Most all their performances were at the Gusman Center for the Performing Arts in Miami but they traveled from the Kravitz Center in West Palm Beach to Miami. Not only did they have concerts from September through May, but the Philharmonic also had pops concerts, performed at operas, did Chamber ensembles, and even made some recordings. He typically had eight services a week. A service was usually about two and a half hours and could have been a performance or a practice. Individual practice was necessary at home. Most performances were at night or on the weekend, but the practices were held during the day - usually in Fort Lauderdale. A typical concert drew 1500 - 2000 guests. However one concert on Miami Beach, where Pavarotti was the featured soloist drew 250,000 people. Sometimes the orchestra traveled by bus but many times individual musicians just drove their own cars as they all lived in different communities between Miami and West Palm Beach.

In his career Estes performed with many of the most famous names in music including Luciano Pavarotti, Leopold Stowkowski, John Williams, and Itzhak Perlman. In popular music he performed with Ray Charles, Peter Nero, Dianne Warwick, Doc Severinsen, Herb Alpert, and Frank Sinatra, Jr., among many others.

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TO ADVERTISE IN *THE RETREAT NEWSLETTER*, CONTACT
CONI MC GUINN AT 545.3465.

To Jim's delight, several former members of his bands in the various schools he has taught in currently teach at The Eastman School of Music, Northwestern University and Northern Illinois University, in addition to many public schools in New York. Others are current or past members of Dallas Brass, The United States Army Band, and the Orchestra of St. Luke's in New York City.

Mr. Estes received a Masters degree from the University of Illinois and completed all his course work for a Ph.D. in Music Education from the University of Miami. He is presently teaching at Beacon Cove Elementary School in Jupiter. He enjoys his work with the young children as he is starting them off and not just having to correct someone else's mistakes. He presently also teaches private music lessons on the trumpet, directs an elementary school band, as well as teaching the recorder to those early learners. Jim says, "I feel like I'm passing on my accumulated knowledge of music to the next generation." He still plays the trumpet himself and occasionally performs with an orchestra. Since he has to get up at 5 am each morning for school, he can't play too many late night performances.

Jim doesn't feel the Florida Philharmonic will ever be resurrected. Competition, finances, and weak management led to its demise. Several guest symphonies tour in Florida and a few Florida cities have their own orchestras, so classical music still lives in Florida.

Jim and his wife **Joanne** moved to the Retreat from Boca Raton, Florida. Jim has one son and one daughter, but neither has continued in music like their dad did. Maybe one of his six grandsons is a future Pavarotti in the making. Jim feels he was one of the lucky ones. He is grateful that he was given the opportunity to enjoy a career making beautiful music and doing what he loved most. One of Jim's favorite quotes is, "Music and rhythm find their way into the secret places of the soul." Plato

Dear Retreat Neighbors,

I want to apologize to my neighbors and family for shooting off the bottle rocket that caused the recent brush fire. I also want to thank those who expressed their understanding and support after the fire. Our family has lived here for almost 5 years and we are thankful for having great neighbors in the Retreat. I am learning a lot from this experience and hope you will accept my apology.

Sincerely,
Michael Conrad

BRUSH FIRE IN THE RETREAT



Photo by Rosemary Wozniak

Photo by Rosemary Wozniak

Photo by Rosemary Wozniak

Photo by Dave Williams

Photo by Rosemary Wozniak

Secondary Fire



Photo by Hank Stasiewicz

Photo by Hank Stasiewicz

HOBBISTS IN THE RETREAT

Hobby Article

By Charles Borrelli

Since I was six years old, I have had a fascination with cars and trains. Living in Westchester County, a 45-minute train ride from Manhattan made it easy for most kids to develop this interest. It was no surprise to my parents then that I wanted Lionel trains and slot cars as gifts. Gifting for me was a chore since my birthday is Christmas Day, but I was quite fortunate to receive those trains and cars.

But the story does not end here. In 1964, when I became old enough to drive, my love turned to full scale performance (muscle) cars, which were in their hey-day about the same time I was. I then owned a few MOPAR (in my case Dodge) performance autos and regularly drag raced the circuit in New York (Upstate and Long Island).

Then came college and the service. In 1969 my dad gave me half the money for a new car as my graduation present, and we quickly went to the local Dodge dealership for a shiny new Dodge Dart GT V8 with a four speed transmission and all the bells and whistles (for back then) that could be had. When I returned home from active duty in late 1970, I began my corporate finance career and continued to race with a local club and also continued my slot car and train collecting. In 1972 I sold the Dart and bought the Demon 340.

Today I own over 200 slot cars, which are on display here in my Den. I also still own approximately 20 highly collectible Lionel train sets and other Lionel items, split between here and my New York home.

On the full scale side, I own three MOPAR products—a 2006 Chrysler 300C hemi, a 2006 Chrysler PT Cruiser Turbo and, the piece de resistance, a fully restored (you guessed it) 1969 Dodge Dart GTS 440 (525 hp)-same color and style as my original Dart. She too will be making it down to Hobe Sound in the near future to enjoy the beautiful weather and the many car shows that are in abundance in our area. I'll try not to make too much noise driving through the neighborhood on my way to the shows.



Restored 1969 Dart Gts 440



2006 Chrysler 300C HEMI



Part of 1:18 scale diecast MOPAR Collection



Part of 200 1:32 scale slot collection

FISHING

By Otto Vernacchio



MY FIRST DOLPHIN IN MY NEW BOAT; KEEPER SNOOK AND FLOUNDER



SAILFISHING

By Ken Dara



This sailfish was caught off St. Lucie Inlet. It was caught by **Jack Amaral** and photographed by

Ken Dara. Both of us live in the Retreat.

We were fishing in 200 feet of water for dolphin (not flipper) when this sailfish attacked both our live baits. Jack was the lucky angler, and I was in my glory taking photos. This sailfish was deformed and his bill never grew. He had no problem eating. The fish was about 70 pounds and was never brought into the boat. He was released unharmed.

Happy Father's Day—June 17

**Any man can be a Father,
but it takes a special person
to be called Dad.**

USEFUL COMPUTER LINKS

By "Cybrary Man" aka Jerry Blumengarten

I salute the many talented and creative people who live in the Retreat. The **Holiday House Tour** and the **Art Show** in the Clubhouse were extremely interesting seeing these talents on display.

The Internet has many sites that have wonderful information for hobbies and crafts. On my site: Cybrary Man's Educational Web Sites (www.cybraryman.com). I have pages on: **Hobbies, Crafts, Quilting, Stitchery, Woodworking** and links for most sports.

<http://www.angelfire.com/stars3/education/hobbies.html>

With the coming of Spring I have a "Repairs and Fix It" page that has repair and cleaning links.

<http://www.angelfire.com/stars3/education/repairs.html>

April Holidays and Celebrations

<http://www.suelebeau.com/april.htm>

May Holidays and Celebrations

<http://www.suelebeau.com/may.htm>

(Continued from page 1) **Pat Fleming**

activities. He travels from one end of the island to the other. Pat's philosophy is one of **proaction**. He believes that the prevention of incidents before they occur is the best method of insuring the safety of the residents of Jupiter Island. He was a finalist for the Palm Beach Post's "Officer of the Year" and "Star 30 Awards". He did not win, but he felt honored to be nominated.

Pat has had a long and distinguished career which began with the Coral Gables Fire Department in 1973. He was promoted over the years from Firefighter through the ranks and retired as Deputy Battalion Commander in 1992. Pat and his wife, **Marty**, have enjoyed living here at the Retreat since its inception.

Join the Stuart Rod and Reel Fishing Club

By Ken Dara

So you moved here from up North and now you want to learn how to catch fish down South. Become a member of the **Stuart Rod and Reel Club**, an active fishing club that offers friendly fishing events and guest speakers. We are meeting at Pirates Cove Resort and Marina on the 2nd Wednesday of the month. Meet at 6:00 pm at the bar. Dinner orders need to be in by 6:30 pm and the meeting will start at 7:00 pm in the room by the pool. You can go to www.stuartrodandreel.com for more information. Any questions, call **Ken Dara at 546.8467**.

The Retreat Ladies & Men's Poker

"Texas hold-em"

Wednesday nights
from 7:00PM to 10:00PM
"beginners welcome"

Call the following, for information:

Lois & Otto Vernacchio- 546-7523

Lois & Charles Raska- 545-2733

Gail & Pat Pezzicola- 545-0706

A Poker Player's Dream



A Poker Player's Dream



Seabranh Art League News

By Sheila Lieberman

The **Seabranh Art League** held a juried show on March 3rd at the **Garden of Goods art gallery** in Hobe Sound. At a review several weeks prior, gallery manager, Susan Carr, selected work from ten of our members that would be in keeping with the tone of the gallery. Works shown were in the mediums of oil, acrylic and watercolor painting, Gytaku, photography, stained glass and fiber.

It was a beautiful afternoon and the reception was held on the garden patio off the gallery. This show drew a very large crowd coming from many different areas and people stayed into the evening enjoying the art and company.

"SUMMERIZING" YOUR DIVOSTA HOME

Editorial Comment: It appears from reading these articles that our Retreat residents are professional list makers. I always thought we were the only ones!

THINGS TO DO BEFORE YOU LEAVE

Received from Kathleen Kindstedt

1. Set thermostat at 78. Set A/C to cool and fan to automatic. Set humidistat at 60 if applicable.
2. Turn off the main water supply valve outside.
3. Turn off circuit breaker to hot water heater and turn off the water valve.
4. Turn off the circuit breakers to garage door opener and lock the overhead garage door deadbolt.
5. Set refrigerator to middle setting and remove all of the perishable foods from the refrigerator and freezer, empty the ice maker ice bin, and turn off the icemaker. Or remove all of food and turn off the refrigerator, leaving the doors open.
6. Turn off all inside water valves under kitchen, bathroom, and laundry room sinks.
7. Put one tablespoon of vegetable oil in the garbage disposal to prevent the impeller from seizing up.
8. Add one cup of water and one tablespoon of vegetable oil to the bottom of the dishwasher.
9. Clean toilets and pour in a half cup of chlorine bleach, cover bowl with plastic wrap, and leave the lid up. Turn off the water valve to the toilets.
10. Close all drains and cover the shower drain.
11. Unplug the power and cable to the television sets. Unplug computer and other electronics.
12. Call phone company from temporary disconnection. **If your security system is monitored, the phone must not be disconnected.** Notify the security service of your absence and the name of the person watching your house.
13. Close and lock all windows and doors. Close all curtains and blinds.
14. Open closet doors and vanity doors for ventilations.
15. Move patio furniture and any other items that are outside (security company signs become flying missiles during storms) into the garage or house to prevent mildew and storm damage. Move the gas grill into the garage and disconnect the gas tank.
16. Notify utility companies of your Northern billing address.
17. Call the newspaper company to suspend delivery of the newspaper.
18. Notify post office about forwarding your mail

RETREAT SECURITY INFORMATION FORM

By Bea Kozlowski

Before leaving for the summer, fill out a **RESIDENT SECURITY INFORMATION** form. The form is located on our WEB site under "HOA Forms" as well as in the Retreat Office. The completed forms will be secured in the Retreat Office. This provides the management team with vital information in case there is a problem with your home while you are away.

CHECKLIST BEFORE LEAVING FLORIDA

By Jan Kasuboske

We have a check list of things we do every year. We add to it every time we close, so it has gotten quite lengthy. I run a copy about a week before we leave and cross off items as we accomplish them. I've always been a list maker.

- ✓ Stop papers Stuart News; Palm Beach Post
- ✓ Call credit card companies - change address
- ✓ Go to bank - change address
- ✓ Mail Forwarding at Post Office Hobe Sound
- ✓ Start or stop phone service. Call house sitter
- ✓ Set temperature @ 80 degrees and Humidistat @ 60.
- ✓ Unplug TV's, stereo, VCR, Microwave, Stove
- ✓ Put fishing rods and reels and bikes inside
- ✓ Set box fans on low to blow into closets
- ✓ Bring lanai furniture inside
- ✓ Open closet doors, drawers, and doors in bedrooms, bathroom, kitchen cabinets
- ✓ Put ceiling fans on low speed; remove bulbs from remote control fans
- ✓ Set up dehumidifier in garage
- ✓ Turn hot water heater off
- ✓ Switch ice maker water off and turn ice maker off
- ✓ Spray for bugs inside and out
- ✓ Put 3 bug bombs in attic
- ✓ Bomb inside of house as we leave
- ✓ Pull couches six inches away from walls
- ✓ Put two extra cups of water in toilet tanks and two in bowls. Put 1/4 cup bleach in bowls
- ✓ Put Saran Wrap on toilets - Shut off water
- ✓ Turn water off - hose and main house
- ✓ Give key, address, phone no., security code to neighbor
- ✓ Change furnace filter
- ✓ Unplug phones
- ✓ Put Damp Rid in all containers. One large in each closet and garage
- ✓ Put ant traps under sink and in kitchen area.
- ✓ Unplug washer (shut water off) Unplug dryer.
- ✓ Change battery on thermostat
- ✓ Move grill to garage
- ✓ Clean ceiling fan blades
- ✓ Clean oven, refrigerator and microwave
- ✓ Mop tile and clean bathrooms.
- ✓ Change mailing address of mortgage company
- ✓ Put rail for hurricane shutter on sliding glass door to lanai.
- ✓ PVC pipe for slider
- ✓ Call car insurance to cancel insurance on car we leave

- ✓ Disconnect battery cable on car we leave
- ✓ Restart insurance on car we leave up north
- ✓ Change address online to Florida Power and Light
- ✓ Change addresses of magazines online
- ✓ Discontinue Internet Service for Florida
- ✓ Cut back outdoor plants
- ✓ Clean vacuum cleaner bag
- ✓ Put locks on outdoor spigots

CLOSING UP HOUSE

By Fran and Rusty Carpenter

We recommend that if people are gone for any length of time (over the summer) that they install a humidistat. Our electric bills are no more than \$20 during the summer, and there is no mold or mildew in the house. The investment is only \$100 or so.

- Give police- names of contact & phone #'s
- Give neighbors phone #'s, house key & security code
- Contact security company of phone no. where you will be
- Timer for lights
- Make arrangements to have shutters put up
- Spray house, fog attic & garage
- Ant & roach traps under sinks, damp rid in closets
- Turn water off
- Clean out refrigerator & cupboards
- Empty ice in refrigerator
- Add 1 cup of water +1 tbsp. of vegetable oil to dishwasher
- Vegetable oil in all drain lines
- Spray WD 40 into disposal
- Leave drawers, closets open for air flow
- Move all outside furniture, grill, etc., cushions inside
- Take care of plants
- Set air conditioner & humidistat, change filter
- Contact newspaper
- Contact post office change of address
- Toilet add ¼ cup of bleach, cover seat w/ plastic wrap
- Unplug hot water tank
- Close blinds; Fans off
- Braces on garage door & unplug opener
- Unplug TV'S & computer
- Call phone where you are going to reactivate.
- Voice mail – change message
- Wash & store garbage cans
- Put garden hose away
- Set burglar alarm
- Mail - leave notice to forward mail in box
- Remove outside spigot handles
- Low set refrigerator
- Refrigerator in garage off
- Freeze water & put in refrigerator freezer
- Turn down volume on phone
- Give property manager summer phone #'s & address
- Pull down ladder in garage & leave down
- Check batteries in smoke alarms

CHECK LIST FOR SNOWBIRDS

By Ed and Doris Shirk

- Shut off water outside
- Turn off hot water heater at circuit breaker
- Turn off water valve to hot water heater
- Have house looked after by a reliable person who will install hurricane shutters when and if necessary
- Turn off any unnecessary circuit breakers
- Computer, TVs and all telephones unplugged
- Small appliances unplugged
- Telephone service placed on vacation
- Mail forwarded
- Refrigerator and freezer turned down and water bottles enclosed
- Ice maker turned off
- Set thermostat at 83 degrees
- All doors and windows secure
- All trash and recycle taken care of
- Newspaper stopped
- Have a list of all items you must not forget to take
- Install new batteries in thermostat
- Install bleach in toilets to prevent mildew
- Wrap each toilet bowl with saran wrap to keep water from evaporating
- Cover bathtub and shower drain with masking tape (also put a large can over shower drain)
- Clean garbage disposal by running several ice cubes through it, then drop a tablespoon of cooking oil in it and run for 5 seconds without water
- Close up kitchen sink drain and garbage disposal drain with paper towels treated with insecticide
- Install new heater air filter
- All blinds closed, but not too tight to allow some light to enter bureau drawers and end table drawers open slightly to permit some circulation
- Bathroom vanity and cabinet drawers open to permit some circulation
- Entertainment center doors open
- Kitchen cupboard and drawers open
- Kitchen cupboards and drawers should have bay leaves placed inside to help prevent insects from entering
- Dishwasher run through short cycle, then door closed but unlatched to relieve pressure on door seals
- Remove batteries from all remote controls and telephones and place in plastic bag in refrigerator
- Couch and seat cushions stood on end to help prevent mildew
- Secure all outdoor patio furniture either in house or garage
- Notify BANK and FPL to send statements to your summer address
- Change address for any magazine subscriptions
- Set security system
- Lock door

NATURE IN THE RETREAT

Natives in the Yard

By Dottie Williams

One of the best things about living in The Retreat at the end of Eldorado Way is the view of the lake and preserve.



Photo by NASA

It offers many opportunities for animal sightings, and I have seen a variety of birds, mammals and reptiles. I have an on-going list of all the animals observed and continue to add to it. In this newsletter and future editions, I'd like to share with you some of my experiences and give you a little information about each of the animals I've observed

My first wildlife experience was within days of moving into our new home. Looking out the sliding glass doors, there was an **Osprey** using the lake as a birdbath. What a treat!! He was flapping his wings and having a good time. Sadly, my camera was not readily available. From that day forward, the binoculars and camera sit on a table between the two sliding glass doors.

Ospreys, sometimes called **Seahawks**, are large eagle like birds with white chests and bellies, black brown-backs and white heads with a dark stripe across their eyes. They are 20 to 24" inches long with a wingspan of five feet. These unique birds are the only raptors (birds of prey) that plunge into the water to catch fish. They are capable of hovering over the water several seconds before diving into the water feet first to snag their prey. Their talons have scales facing backward to act as barbs to avoid losing their catch while in flight. After catching the fish, they fly with the fish facing head first for better aerodynamics back to their nest.

Ospreys mate for life and have a life span of 20 to 25 years. Their nests are built on man-made towers, such as light poles or platforms, or tall dead trees and are usually found around fresh or brackish bodies of water. The female lays three to four eggs once a year. Not that long ago, Ospreys were on the verge of extinction but with the banning of DDT, their numbers are now on the rise.

Next time you're out walking or just sitting on your lanai, keep your eyes peeled for these great birds. They are one of the many animals that make their home in the preserve area surrounding The Retreat.

RETREAT WILDLIFE SETTINGS

By Hank Stasiewicz

Recently we had a full-grown male (6-inch beard) **wild turkey** walk across the back yard. It is great to see the wildlife returning to the area after the development was finished. There were four **Sand Hill Cranes** in the backyard at the same time, and they appeared to be very upset at the turkey's presence. They were jumping up and down and squawking until the turkey left the area.

Recently, as reported by another Retreat resident, one morning a **deer** was seen on the grass on the south side of Seabranh, just east of the East Retreat entrance. In addition, the **otters** have taken up residence in most of the waterways in the Retreat. I have observed them in all but one of our lakes. They must be happy with their surroundings because I have seen them with young pups in tow.

One night around 10:30 pm, there was a series of yelps and howls that sounded like they were in our back yard. This was a very vocal group of animals. At first it sounded like a pack of fox with young or, on the outside chance, it could have been a pack of coyotes.



Photo by Ken Dara

WILD TURKEYS IN THE RETREAT

By Ken Dara

We have **wild turkeys** running around the Retreat. I looked out the side door, and this turkey was looking back. I will try to keep him around and fatten him up for Thanksgiving.



BEING A MOTHER

Received from Diane Giordano

Somebody said it takes about six weeks to get back to normal after you've had a baby...

...somebody doesn't know that once you're a mother, "normal" is history.

Somebody said you learn how to be a mother by instinct ...

...somebody never took a three-year-old shopping.

Somebody said being a mother is boring ...

...somebody never rode in a car driven by a teenager with a driver's permit.

Somebody said if you're a "good" mother, your child will "turn out good"...

...somebody thinks a child comes with directions and a guarantee.

Somebody said "good" mothers never raise their voices...

...somebody never came out the back door just in time to see her child hit a golf ball through the neighbor's kitchen window.

Somebody said you don't need an education to be a mother...

...somebody never helped a fourth grader with his math.

Somebody said you can't love the second child as much as you love the first...

...somebody doesn't have two children.

Somebody said a mother can find all the answers to her child-rearing questions in the books...

...somebody never had a child stuff beans up his nose or in his ears.

Somebody said the hardest part of being a mother is labor and delivery...

...somebody never watched her "baby" get on the bus for the first day of kindergarten.... or on a plane headed for military "boot camp."

Somebody said a mother can do her job with her eyes closed and one hand tied behind her back...

...somebody never organized seven giggling Brownies to sell cookies.

Somebody said a mother can stop worrying after her child gets married...

...somebody doesn't know that marriage adds a new son or daughter-in-law to a mother's heart strings.

Somebody said a mother's job is done when her last child leaves home...

...somebody never had grandchildren.

Somebody said your mother knows you love her, so you don't need to tell her...

...somebody isn't a mother.

MOVIE REVIEW



Amazing Grace

By Hilary Kozlowski

It's a historical drama about one man's effort to eliminate the slave trade in eighteenth century England. William Wilberforce, played by Ioan Gruffudd (who you may remember played the title role in "Horatio Hornblower," a TV special some years ago) is a young, dedicated member of Parliament who fights entrenched politicians profiting from slavery. His struggle takes over twenty years before he finally rallies enough support to prevail. Great supporting cast includes Albert Finney. There is much detail of life in that era. This is a great movie.

CALLING ALL WRITERS AND POETS



By Celanne Ziegler

Writers and poets group starting at the Retreat. Get serious about that book project or compiling your long forgotten poems. Bring book ideas, unfinished manuscripts, short stories, non-fiction, memoirs and/or poems to share for critique and constructive criticism. Our first meeting will be **April 30th, 7:00 to 9:00pm at the Clubhouse**. For more information, call **Celanne Ziegler at 545.7876** for more information.

REPAIRMAN RECOMMENDATION

By The Carls Family

We wish to recommend a repairman for the specialty windows we have in our DiVosta homes: JS Home Maintenance, **Mr. Joe Sergalis**, Cell: 561.748.7224, Business: 561.748.7224. He does general handyman maintenance but he specializes in the PGT windows. We found him to be knowledgeable and reasonable in his service. We recommend him to our homeowners.

COMMON ANNOYANCES

- Trash* is not to be put out prior to 7 am of the day of pick-up.
- Vehicles* blocking the sidewalk.
- Barking dogs* are an irritant to your Retreat neighbors. Please keep your pets from disturbing the quiet environment in the Retreat.
- Not all pet owners are *picking up after their pets*.
- Not all pets are *on a leash*.

A BRIDGE ADVENTURE

By Carol Weller

On February 14, Jo-Ann Meeker and I, otherwise known as "the sisters," decided to go to a Bridge Tournament in Bradenton, Florida. We left early Wednesday morning with plans to have a nice lunch and play Bridge at the 3'o'clock session. After checking into the hotel at 2 o'clock, we had a choice. We could either have lunch or play bridge. So being the bridge junkies that we are, we chose to play bridge. There was always dinner. Play Bridge we did. This event was held at the convention center and it was filled to capacity. We never saw so many people playing bridge at one time. It was so exciting that we decided to play more bridge at eight o'clock, but there wasn't time to have dinner. A bag of potato chips and a soda would have to do! The session was over a little after eleven.

The next day we rose early enough to eat a hearty breakfast because we needed nourishment and really didn't know when we would indulge in food again. We met and played with the nicest people who were all ranked at the same level of skill. The morning session went well. In the afternoon session, we were very confident, as the cards were good to us. When this session was over, we had won some games and were awarded 2.11 master points. We were ecstatic! During dinner in the convention center, we decided to play in the evening session, hoping to win more points. After ten and a half hours of bridge, we were unable to focus and were not successful. Friday was the last day and we planned on playing at the morning session and then leaving for home. We didn't have any success in gaining more points, so we stayed for the afternoon session hoping for more of the prized points. It didn't happen, but we were definitely hooked.

We enjoyed the games, the people, and the food (when we could get it). We are definitely looking forward to the upcoming tournaments in April, one in Vero Beach and one in Fort Lauderdale. Hope to see all you players there.



DEFENSE BRIDGE CLASS

By Bea Kozlowski

Bridge classes taught by **Sally Troiani** concluded on Thursday, March 8. For the past eight weeks, Sally and her students gathered on Thursday mornings at the Clubhouse where Sally taught the American Contract Bridge League Series "Defense" by Audrey Grant. The game of bridge is alive and well here at The Retreat thanks to our very dear Sally.

MORE MORNING FOLK

By Chuck Eschenburg

Two regularly seen blondes out for a morning stroll are striders **MARTHA TARQUINE** and **MICKEY VERNACCHIO**. Ukranian born Martha grew up in Ballston Spa near Saratoga Springs, New York. She wishes more Retreat residents would get up and walk in the cool of the morning for fun and health. Walking with her is Mickey from Diamond Hill Terrace. Mickey is active as well in many Retreat doings. She grew up in Chicago and gives thanks for each beautiful day here in Hobe Sound.

A bit of Scotland is seen in the stylish terrier, **Bogart** (Bogie for short). At the other end of the lead is **KITTY READING**, another blonde morning person. Kitty spent most of her life within a 60 mile radius in Southern Maryland before moving here about four years ago. She has raised two boys and worked in a non-profit medical clinic. Her message is to enjoy every day because it is a gift not to be wasted.

JOHN KELLY may be seen many mornings polishing a sleek, black BMW. John was raised in Mercer, Pennsylvania and was in the USAF for 22 years. His love of flight is evident in his garage which serves as a hanger for several exotic, large radio-controlled model airplanes as well as the prized automobile. The planes are flown from a crop dusting airstrip on the local Mecca Farms.

I have learned a fascinating variety of interesting things simply by pausing on my morning ride and chatting with others out to enjoy a new day.

Tuesday Bridge Winners

By Patsy Shattuck

If anyone in our community would like to join an afternoon of fun (1-4PM), please call Patsy Shattuck at 546.2011 for Tuesday Bridge or Lena Rublowsky at 546.1316 for Thursday Bridge.

February 13

Lena Rublowsky
Muriel Barry
Kay Bowen-Smith
Inez Poppe
Marie Farrandino

February 20

Kay Campbell
Inez Poppe
Patsy Shattuck
Alan Shattuck
Sally Troiani

February 27

Anne Falcone
Inez Poppe
Ali Kuron
Kay Campbell
Louise Bendonis

March 6

John Bendonis
Nick Falcone
Peggy Johnson
Marie Farrandino
Alan Shattuck

March 13

Alan Shattuck
Carol Weller
Lena Rublowsky
JoAnn Meeker
Nick Falcone

March 20

Stan Rublowsky
Patsy Shattuck
Nick Falcone
Mary Ellen Mix
Sally Troiani

March 27

Kay Bowen-Smith
Carol Weller
Nick Falcone
Marie Farrandino
JoAnn Meeker

April 3

Carol Weller
Alan Shattuck
Sally Troiani
Nick Falcone
Lena Rublowsky

April 10

Joyce Hill
Kay Campbell
Lena Rublowsky
Sally Troiani
Sandy Goldfarb



Photo by Kathy Haines

Back Row: Wally Malinowski, Gary Easton, Dick Keough, Craig Haines, Ernie Spengler, Tom Hartnett; Front Row: Dave Williams, Gary Goldfarb, David Greaves

Third Annual Regatta

By Dottie Williams

The **Third Annual Eldorado Regatta** was held on March 3 on the lake at the end of Eldorado Way. Once again the battery-operated boats were taken out of storage and cleaned up for the occasion. Nine boats participated with two new "rookie" entries. The buoys marking the racing course were placed in the lake to present a challenge to the contestants. With the three timekeepers in place, a crowd of over 40 spectators watched and cheered as the races began. Most of the boat handlers did a good job of navigating the course and crossed the finish line. Three boats wound up beached across the lake. Two had to be retrieved by foot but Wally Malinowski diligently worked his controls to get his boat back in the water and across the finish line. The winners were as follows: **SMALL BOATS** First Place - Ernie Spengler, Second Place - Craig Haines;

LARGE BOATS First Place - Dick Keough, Second Place - Dave Williams, Third Place - Wally Malinowski and Honorable Mention for Participation - Gary Easton; **NITRO BOATS** First Place - David Greaves, Second Place - Tom Hartnett and Honorable Mention for Participation - Gary Goldfarb. **David Greaves** was the overall champion with the fastest time and was presented the Eldorado Trophy.

After races were complete and awards presented, everyone went to the Williams' porch for the Banquet Dinner. We had quite a treat this year. **Craig Haines**, an Executive Chef, prepared barbeque brisket of beef, seasoned grilled potatoes and homemade rolls to accompany the assorted dishes brought by neighbors and friends. Craig and his wife, Kathy, (Dottie and Dave Williams daughter and son-in-law) had traveled from Pennsylvania to be part of the Regatta festivities. The dessert was a special treat. Since it was Wally Malinowski's birthday, Lill arranged to have a surprise birthday cake. The crowd all joined in singing "Happy Birthday" to Wally. I think he was surprised.

With everyone's stomach filled with good food, the rest of the evening was spent enjoying one another's company. As in past years, there was plenty of conversation about who was going to have a new boat to enter next year in the Fourth Annual Eldorado Regatta.

Each year the guests are asked to bring a donation of food for the Jesus House of Hope Food Bank. I'd like to thank all the guests who attended this year's Regatta. At the end of the day, there was 121 pounds of non-perishable food to be donated to the Jesus House of Hope Food Bank.

NEWS FROM OUR BOARD OF DIRECTORS

NOTICE OF TREE REPLACEMENT TO ALL RESIDENTS

Pen and ink drawing by
Marsha Levine



In the very near future, residents will have the opportunity to replace large palms on their property. These trees may have been lost due to hurricane damage, wet or soil conditions, private construction, etc. In all cases, if the trees are located within your property boundary, you are required to replace them at your expense.

Your **Home Owners Association** (HOA) and our landscape provider, **Concepts in Greenery**, have worked on a method for you to have the work done via Concepts in Greenery at a very reasonable cost. Concepts will buy truckloads of palms at greatly reduced prices (40-50% off) and install and guarantee the trees for a one-year period.

You will be required to replace trees following the original community-wide standard established by DiVosta, our builder. If residents do not wish to participate in this discount program, they may purchase the required replacements through another provider and pay additional for the installation and removal of dead material.

If the trees are not replaced by a designated date, the homeowner will be in violation of our Covenants and the violation process will be initiated. Approximately 100 of 550 homes will be affected and if you are one of these, you will be contacted by the Home Owners Association or Concepts in Greenery offering you this one-time reduced price offer.



Photo by Wally Malinowski

Our 2007 BOD with the ATV

These have been very busy times for your Board. Dave and Ken are working with **Frank Lennane**, Capital Realty, our new-full time Property Manager, to help him learn the Retreat, vendors, etc.

Our new **John Deere ATV** will help us all supervise our vendors and help our members. It has paid for itself quickly with helping us to have better access to our drainage system. We have had DiVosta perform drainage repairs at no cost to The Retreat as a result of our discoveries.

Severe water restrictions are in place in Martin County, and fire danger is very high. **Please conserve water and be careful of any fire activity...**cooking, cigarettes, etc.

We are working to incorporate a **shuffleboard area** on one of our tennis courts...fun for additional people.

A meeting of all The Retreat Committee heads was held.

Thank you to all the **volunteers** that make The Retreat truly special.

Your Board of Directors

NEWS FROM OUR PROPERTY MANAGER

By Frank Lennane, LCAM

As your property manager, I am pleased to announce that effective April 2, 2007, the Retreat @ Seabranh Homeowners Association, Inc. contracted Capital Realty Advisors for full time, onsite property management services. You may have observed me from time to time, driving the "gator" vehicle off-road throughout the community, performing property inspections and meeting with various vendors.

Though the on-site hours are changing at the Retreat, procedures will remain the same. To place a work order or report landscaping issues, please call Capital Realty Advisors at 1.800.940.1088. The new on-site office hours are Monday, Wednesday and Friday from 8am to 11am. I may be reached either by phone or e-mail. The onsite Retreat office number is 772.546.6112 and the office e-mail is retreathoa@comcast.net if you need to meet with me, please call or email to schedule an appointment.

Please take advantage of the Association's website which includes important community information and the required HOA forms should you wish to perform any exterior modifications or lease/sell your unit. The website address is www.retreatatseabranh.com.

I look forward to continuing the working relationship with your Board of Directors and in meeting the residents of The Retreat.

LAW OFFICER OF THE YEAR AWARD

Congratulations to Retreat member **Pat Fleming** for being nominated for the Distinguished Law Officers of the Year Program. Officer Fleming serves with the Jupiter Island Public Safety Department. Good luck, Pat. Thank you for your service.

The Function of the Architectural Control Committee

By Stephen Stone

The **Architectural Control Committee (ACC)** is here to help homeowners achieve changes in their homes and property. While we try to be reasonable and grant most requests, we also must take into consideration the impact some of these requests have on the rest of the community. Allowing larger planting beds and additional plantings might make our community look better but they also add to the cost of maintaining The Retreat in additional mulch, pruning and fertilization. This additional work will possibly cause the Homeowners' Association (HOA) fees to go up at some point. Please try to understand your requests for change might require more consideration than you are aware of.

Mission Statement

- The Architectural Control Committee has been formed to help protect the covenants, conditions and restrictions of the community known as "The Retreat at Seabranh".
- While all properties are deed restricted and the signature of each owner was obtained at the property closing stating they understand and will comply with those restrictions, the committee, with some latitude, will work with the homeowner to make some changes/modifications to the properties.
- While protecting the original content of this development and all its recorded restrictions, some changes/modifications have been approved and standards set for all homeowners to follow should they desire to make the SAME modifications (generator installation, swing sets, pools, fences, satellite dishes, etc.). However, this DOES NOT PRECLUDE the requirement of filing an application requesting a change or modification.

FORMS TO REQUEST A CHANGE ARE AVAILABLE IN THE RETREAT OFFICE OR ON OUR WEB SITE.

RETREAT RESIDENTS' HELP NEEDED

By Dave Williams

The **Atlantic Ridge State Park** that surrounds our 313 acres is asking for our help. The Park Ranger, **Gail Bogan**, is in charge of this 7,000-acre area and needs our eyes and ears to curb some illegal activities in the park bordering our Community. ATVs and four-wheelers are breaking down the gate along Seabbranch Boulevard and causing great damage to the wetlands and preserve area. If residents see or hear any such vehicles or suspicious activity behind their homes or at the gate on Seabbranch, please call Gail, day or night, at **263.1246**.

Also, Gail is looking for adult **Park Volunteers** to aid in such things as exotic plant removal, establishing and marking foot trails, barbed wire fence removal, signage posting, etc. For more information or to sign up, call Gail at 263.1246.



COMMUNICATIONS COMMITTEE

THE RETREAT TV CHANNEL 63

By Joanne Estes

As many of you may know, our contract with Adelphia/Comcast provides a closed circuit TV channel for the broadcasting of community news. It has been a long time coming, but we are happy to inform you that by the time you read this, it may be up and running and fully operational. Please tune in to **Channel 63** to check it out.

Channel 63 will service the community with pertinent news items, announcements, notices of upcoming meetings and social events, and the like. Advertising is prohibited. We have created an email address to which you can forward the information you would like to appear, which you will find when you tune in to Channel 63. Forms will also be made available for this purpose.

We are fortunate to have on board heading up this newest service to the community, **Mr. Jim Morrow**. Our esteemed webmaster, **Mr. Gene Gillis** will also be

assisting, along with **Mrs. Patti Greaves**. We welcome them and are delighted that they have so generously offered their time and talent to this work in progress which we expect will become more effective and creative as we move forward.

Please direct any questions or suggestions to either Jim Morrow or Joanne Estes, and..... enjoy!

The Retreat Newsletter

The Retreat Newsletter is published every other month excluding July/August. If you are out of town and want to read the newsletter as new issues are published, there are two ways to do this. If you have Internet access, go to our Retreat WEB site.

If you wish to have the newsletter sent via the US Mail, contact Lydia Keller at 8508 SE Retreat Drive or call her at 545.7142. Drop off or send Lydia a dollar for postage and handling for each issue you wish to receive. Also, provide address label(s). Lydia will send the newsletter as it is published. Thank you, Lydia, for providing this convenience to our traveling residents.

The Retreat Directory 2007

The Retreat Directory 2007 is available in the Retreat Office during normal business hours. Please pick up your copy of this handy document. The **Communications Committee** works with Owl Publications so that all Retreat residents can have this directory at no cost to the homeowners. We thank all the advertisers that make this possible.

COMCAST

Many of us are required to change our e-mail addresses to reflect the transition from Adelphia to Comcast. Please notify the Retreat office when you change your e-mail address so that the **E-Mail Blast Distribution List** can be updated.

BULLETIN BOARD NOTICE

Residents interested in posting items for sale on the bulletin board in the mailroom should put the information on a 3"x5" card and leave it at the Retreat Office or in the mailbox outside the office. Place your name, address and phone number (if different than the ad) on the back of the card in case you need to be contacted.

RETREAT BOARD OF DIRECTORS

President	Bill Cole	546.5353	wcole2b@yahoo.com
Vice-President	Dave Williams	546.3866	davrep@comcast.net
Secretary	Coni Mc Guinn	545.3465	conimcguinn@aol.com
Treasurer	Muriel Barry	545.1919	moobarry@peoplepc.com
Director at Large	Ken Gregory	545.0648	bkgregory@bellsouth.net



RELAY FOR LIFE

By Lill Malinowski

The Relay For Life **Books, Baubles, and Bake Sale** was a huge success. Many Retreat residents purchased books, jewelry, and baked goods at great values. The raffle for the gift basket and wine from Carmine's brought in many donations. We thank **Carmine's LA TRATTORIA RESTAURANT** on PGA Boulevard in Palm Beach Gardens for their generous contribution. The raffle winners were **Paul Larcom** from The Retreat and **Mary Eisengruber** from Lost Lake. In addition, Retreat residents ordered Retreat logo shirts, caps, and visors. We thank the many residents who kindly donated additional funds for the

Relay. Total donations from this event exceeded **\$1,400**. Thank you to all those that helped work and donated items for the sale as well as all that purchased items.

The **American Cancer Society's Relay For Life** is coming up soon. The Relay starts with a dinner for survivors and their families at 5 pm on **Friday, April 27th**, at the **J.V. Reed Park in Hobe Sound**. To get to the park, go South on US 1, make a left turn on Bridge Road, and then a right turn Hercules. Go a short distance--the Hobe Sound Community Center will be on the left (this is where the survivor dinner will be held) and the park will be on the right. The festivities will begin at 6 pm. At dusk (around 9:00 pm) the luminaria ceremony will take place. Activities will take place till 11 am on Saturday, April 28th. We need walkers to walk the lap for the entire time of the Relay. There is a sign up sheet in the mail room. This is a very uplifting experience.

Please join us!

All photos by Marlene Boobar



BOOKS



BAUBLES



BAKE SALE

True or False

By
Marlene
Boobar

- Cancer is the 2nd leading cause of death in the US—T or F?
- 1 out of 2 men have a lifetime chance of developing cancer—T or F?
- 1 out of 3 women have a lifetime chance of developing cancer—T or F?
- Cancer strikes 3 out of 4 families—T or F?
- Fourteen residents of the Retreat walked the "Survivor Lap" Relay of 2006—T or F?
- Survivors would appreciate Retreat neighbors attending Relay 2007—T or F?

Please join us and your neighbors. Let's remember our family and friends who have been stricken with this disease, which never sleeps...and let's celebrate all the survivors who will walk this victory lap. Let's cheer them! Let's show them we are so glad they are alive!!! Let's give ourselves goose bumps while we feel the joy of appreciating their struggle and their chance at a new life!

(All answers are TRUE)



SOCIAL COMMITTEE

By Geri Morgan

A Feast That Did St. Patrick Proud!

A sell-out crowd feasted on an over-abundant array of traditional Irish food with Irish music as the Retreat celebrated **St. Patrick's Day** on Saturday, March 10th.

The absolutely delicious Corned Beef and Shepherd's Pie were skillfully cooked to perfection by **Ron Paukstys** and prepared for our enjoyment by Ron and his Sous Chef, **Bob Regan**.

This delicious meal with "sides" of Colcannon (one with ham and the other with bacon), stir-fried cabbage and sweet carrots was obviously enjoyed by all as there were absolutely no left-overs and that's no Blarney! And if

that were not enough, **Joy Currier** surprised us with her chocolate "Fountain" fondue with scrumptious pineapple, strawberries, apples and cake. Add to this shamrock cookies and Irish coffee and not a person in the Retreat clubhouse could ask for more.

"**Margaritaville**" on April 14th was an exciting evening. There will be more on this in the next newsletter.



Photo by Wally Malinowski



Co-chairs Geri Morgan and Bev Gregory; missing from picture is co-chair Mary Paukstys

The crew that made this happen; missing from this picture are Joy Currier and Bev Gregory



Bob Regan and Ron Paukstys

WOMEN'S CLUB OF THE RETREAT

By Marlene Boobar

The Women's Club meets each 3rd Monday of the month. The meetings have offered some very interesting programs this season.

In February, **Tim Brown** from the **Treasure Coast Wildlife Hospital** brought a few wild animals including a few snakes, and even a crocodile to instruct us how we can live in harmony with our neighbors (the "wilder ones") we have living here at the Retreat.

At the March meeting, **Hillary Brandt**, a long time resident of Jensen Beach and member of the Master Gardeners of Martin County spoke about exotics and invasive plants. Hillary brought many examples of such and gave a wonderful and enlightening presentation.

Photo by Debra Benson



On February 14th the Second Annual February Birthday Celebration of Retreat Women was held at the home of Margaret Dara. Eleven



Silk flower arrangement class at Country Club Florist

Photo by Carol Stone



Tim Brown of Treasure Coast Wildlife Hospital



On Wednesday, April 4th, twenty women visited the Flagler Museum in Palm Beach. A private docent-led tour and tea was enjoyed by all!

Photo by Marlene Boobar

Notices are placed on the bulletin board in the mailroom. Don't miss out....check out the board and join us!

Events have included a bus trip to Gulfstream Racing track, a bus trip to Winter Park, carpooling to the Flagler Museum in Palm Beach and a local trip to the Morgade Library to listen to a Holocaust survivor.

The Women's Club invites all women of the Retreat to join. Besides monthly meetings, the club offers opportunities for women to meet, socialize and even help the greater community of Martin County.

The luncheon committee has planned several venues of lunch offerings. Luncheons are usually planned on the 3rd Thursday of each month.

Committees of the Women's Club have been very active this winter. Outreach has given monies to help **SafeSpace Women's Domestic Shelter**. **Hope Rural School** in Indiantown was also able to purchase items for their computer lab because of monies given by the Women's Club.



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