

The Retreat Newsletter

November/December 2021

Volume 18 Issue 5

WHAT'S HAPPENING AT THE WOMEN'S CLUB by Mona Wiley

WELCOME BACK EVERYONE!! It's been very quiet this summer without you, and we are so looking forward to chatting with "old" friends and making new friends with our new members through our monthly meetings and outings. We had an opportunity to meet some of you in October and what fun learning of new shops and restaurants in the area. The luncheon to the Jupiter Resort was well attended with more than 30 of you. That has been one of my favorite places for more than 40 years!

The newly elected Women's Club officers.



(L to R) Meg Ochotorena, Vice President; Fran Spaulding, and Sue Arnold, President.

Next month's luncheon will be **Nov**. 10th at Ethan's Grill in Hobe Sound. What a great opportunity to shop or just walk the mall and view all the lovely decorations of this festive time of year. Lunches at Ethan's Grill are always delicious. Please let Dottie Sacco know if you need to car pool with someone. If you are going to drive yourself, let her know, cuz you might get left behind! Look for a sign up sheet in the mail room. Dottie's number is: 561-801-5808

Nov. 15th will be our monthly meeting beginning at 6:15 for refreshments and socializing. Bill Miller from the Nathaniel P. Reed National Wildlife Refuge Treasurer; Cindy Sibilia, Secretary; **Center** will be our speaker. The Hobe

Sound Refuge Center does a fantastic job of caring for injured wildlife, as well as, protecting them. This is a great place to take your grandchildren when they visit. The little beach down the hill is a fun place to hang out by the water.

Nov. 16th will be a wine tasting at The Summer Crush Vineyard & Winery in Ft. Pierce. There is also a lovely gift shop there for your perusal. We plan to leave the clubhouse at 10:00am because our event begins at 11:00am. Swing by the clubhouse before 10:00 if you want to car -pool. Let Mary Jean Redican or JoAnn Demore know if you are going to drive yourself. The cost is about \$10.00 to pay when you arrive. There will be lunch options which will be decided upon before your stomachs start to growl.



Looks like a great turnout for the Women's Club lunch at Jupiter Resort on October 13th.

Watch for the sign-up sheet in the mail room.

Dec. 2nd will be an evening event to the Hobe Sound Bible College. Every year they present an amazing "**Singing Christmas Tree**" production. If you've never been, sign up on the sheet in the mailroom and treat yourself to an evening of beautiful secular and religious Christmas music. We need to be seated by 6:00pm, so plan to leave early enough to get there by that time. There will be someone to check with at the Clubhouse, should you need a ride. Watch for upcoming email blasts on this event.

As of the deadline of this article, the **decorating of the Christmas tree** in the Clubhouse will be **Dec. 3**rd, **Friday**. If you'd like to participate,

Editor and Publisher	Co-Editor		
Lill Malinowski (772) 545-3732 wallylill@comcast.net	Jack Spyker-Oles (845) 481-0581 spyker.oles@gmail.com		
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show up early, cuz these ladies can get this done before you finish your second cup of coffee! There will be further posts and/or emails on the pizza lunch and gift exchange.

WOW! We're into January now! On **Jan. 17th**, **Monday**, our program will be a local artist, Ken Dara, who will talk about Gyotaku. This is the art of fish printing. Ken is known for his beautiful fish prints, and I know some of you have his artwork in your home.

It seems early for me to wish you **HAPPY THANKSGIVING!!!** This is the only newsletter that comes out before the holidays so with that I am grateful for this wonderful community of friends with whom we can play, laugh and enjoy our years together.



More pictures from the Women's Club lunch at Jupiter Resort on October 13th.

My answer to last issue's contest is on page 11. We had no entries - so I promise to make future contests a bit easier.

Women's Club Meeting Dates and Programs by Margaret Ochotorena

October 26, **2021**: Elliott Museum and Gilbert's Bar House of Refuge Museum includes a Museum Tour, lunch at their new café and House of Refuge Tour on Hutchinson Island. The museum's new attraction will feature the famous "Florida Highway Men" paintings.

November 15, **2021**: Bill Miller from the Nathaniel P. Reed Hobe Sound Wildlife Refuge will present and share information about the work being done to protect our wildlife.

January 17, 2022: Ken Dara, a local Retreat resident and graphic designer will speak about Gyotaku, the Art of Fish Printing.

February 21, **2022**: Kristen Kroen, Decorative Interiors will share her experience as a decorator and review current decorating trends.

March 21, **2022**: We will once again have our popular fashion show. Our fellow members will show off designer consignment outfits and accessories.

April 18, 2022: We will have salad night (provided by our members).



RETREAT ASSISTANCE NETWORK

For short-term needs:

- · Transportation to medical appointments
- Rides for grocery shopping or hair appointments
- Prescription drug, grocery & mail pick-ups
- Check-in phone calls or friendly visits
- Minimal meal preparation

Call: Audrey DeLoffi, 772 245.8420, Nancy Strona, 772 545.3993.

All RAN information is available at ww.retreatatseabranch.com. In consideration of the times, all residents requesting services must be vaccinated and wear a mask during any contact with volunteers.

The Walk To End Lupus Now Virtual Walk 2021

On Saturday October 16, a group of neighbors on Eldorado Way joined me to participate in this virtual walk. This is a National Walk, and regions from all over the country participate by both fund-raising and walking. We walked as part of The South Florida Lupus Foundation.

Our team was called the "Whitman's Walkers" and was comprised of myself, my husband Mike, Liz Condon, Sherry Attride, and David Attride. Additionally we had several team members who helped with fundraising, but were unable to walk. These included Linda Spyker-Oles, Tom Condon, Leslie McGuirk, Joe and Sherry Perry and Cecelia Ziegler.

We raised over \$1000 and walked between 2 and 6 miles! It was a great day, and the generosity of these people with both their time and money was wonderful.

I was diagnosed with Lupus in 2004. This disease is a painful and very unpredictable disease. It is estimated that at least 5 million people suffer worldwide. The purpose of the walk and fund-raising is to continue to fund research in the hopes of finding a cure.

Thank you to all who helped out! This is truly a wonderful community!





Update on the Retreat Assistance Network (RAN)

The Retreat Assistance Network (RAN) is a program that was established in 2008 to assist Retreat residents who needed short-term assistance to remain in their homes. In 2016 the original founders of the program "retired" and the program was then co-facilitated by Audrey DeLoffi and Marilyn Patterson. After 5 years of co-chairing, Marilyn has now decided to step down from RAN. We thank Marilyn for all her support and are grateful that she will continue to volunteer. We are fortunate that Nancy Strona, who recently retired from her full time position as a Nurse Practitioner, has agreed to co-facilitate the RAN program with Audrey.

We currently have 23 Retreat volunteers who are willing to provide:

- Transportation to medical appointments
- Rides for grocery shopping or hair appointments
- Prescription drug, grocery and mail pick-ups
- Check-in phone calls or personal visits
- Minimal meal preparation

We continue to need more volunteers, especially to take our residents to medical appointments. If you would be willing to be a volunteer for RAN, please contact Audrey DeLoffi at <u>ay.deloffi@gmail.com</u> and she will send you a short application. Please continue to support our Retreat neighbors with the care and concern for which we are known. Thank you!!



The Retreat at Seabranch for Pickleball

The Retreat Sizzlers try to stay active in our community with fun and invigorating sport on the Pickleball Courts here at The Retreat at Seabranch. As many may now know, this game is the fastest growing past-time in North America. But did you know of the **etiquette** that comes with playing with and against your friends?

- If you and your partner can't determine if the ball was in or out or if you disagree with your partner on a line call the benefit of the doubt goes to your opponent.
- Good sportsmanship is the rule. Yes, you love the game, but it is only a game. Respect all players.
- When calling out the score before serving, make sure your voice carries across the court the louder the better.
- If you hit a ball into another court, immediately yell "Ball On Court!"
- If you are obviously the strongest person in your foursome, tone down the competitiveness and hit your opponent's balls so that they can return.
- The Retreat Resident players must always have precedence of playing time over house guests, **and** anyone attending as a guest **must be with** a playing Retreat Resident on our court.
- Don't take advantage of waiting players' graciousness by staying on the court indefinitely. More than a game or two will undoubtedly wear out your welcome. Share!
- Finally, please pick up those darn pickleballs at the end of your game.

The Retreat Sizzlers welcome new resident players. We play as mixed doubles in our matches, with many players on our courts. The courts host healthy competition on Tuesday, Thursday and Saturday morning, from 8:00 AM until about 11:00 AM.

Ron Doucette, Pickleball Representative to the Clubhouse Committee ronald@sunkist2.com (772) 245-8484









	Today's Date:
ANNUAL RES	IDENT DIRECTORY LISTING ONLY
If you are not currently lister	d in the Annual Resident Directory, and wish to be -
the second s	form. Place in the Property Management Drop Box ocated in the Mail Room.
List your information	n <i>exactly</i> as you want it printed in the Directory.
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Here is my answer to last issue's contest.





Don't Forget! TURN YOUR CLOCKS BACK!!

Daylight Savings Time ends on Sunday, November 7th at 2 AM.

Got a question? Looking for a form? Not getting HOA email blasts? www.retreatatseabranch.com Check out FAQ on the Home Page tab Check out Members Only and subscribe to HOA Email (Please do not UNSUBSCRIBE if you want to stay informed)

Next issue's theme will be stories about our immigrant roots. Thanks to my neighbor Frank Ziegler for this interesting idea!! I know we have residents in my immediate neighborhood from The Netherlands, Germany, and India. Please submit your stories, including a paragraph or two, plus some pictures, of course. Deadline will be **December 15**, **2021** for all contributions.

	President	Karen Tyree	561.339.9255	retreat.karen@gmail.com
RETREAT	Vice Pres.	Rick Renshaw	772.546.1940	retreatrickrenshaw@gmail.com
BOARD OF	Treasurer	Mary Ann Fiduccia	864.517.5556	retreatmaryannfiduccia@yahoo.com
DIRECTORS	Secretary	Stephanie Milazzo	772.245.8615	retreat.stephanie@gmail.com
	Director	Tony Caserta	561.373.1787	retreattonyc@yahoo.com

RETREAT	Scott Montagna Signature Property Management scott@signaturepropertymanagement.com	LCAM, CMCA Vice President of Management Support	
Property Manager	3171 SE Dominica Terrace Stuart, FL 34997 Office Hours: 8:00 am to 4:30 pm	Office Phone: 772.219.4474 Office Fax: 772.219.4746 Emergencies: 772.219.4474	

	ACC Board Liaison	Tony Caserta	561.373.1787	retreattonyc@yahoo.com
RETREAT	Clubhouse	Joyce Fordham	772.545.0081	fordham48@msm.com
COMMITTEES	Communications	Jack Spyker-Oles	845.481.0581	spyker.oles@gmail.com
	Social	Fran Massey	772.546.6768	gmail.fmass1954@aol.com

Retreat Activities and Contacts

Retreat members and residents enjoy a number of social groups engaging in entertaining activities. Get involved! Meet your neighbors! Have fun! Here are some of the groups with contact information. See the Activities Calendar for schedules.

Bocce	Nick Lombardi	914.815.1571	Retreat	Audry DeLoffi Nancy Strona	772.245.8420 772.545.3993
Bunco	Marie West	910.327.0556	Assistance		
Duplicate Bridge	Carol Flynn	722.359.8274	Network (RAN)		
Knot Just Knitting	Sandy Morrow Liz Plourde	772.545.1936 772.546.5673	Retreat Newsletter	Lill Malinowski Jack Spyker-Oles	772.545.3732 845.481.0581
Ladies Bible Study	Kate Stine	561.762.6966	Social Bridge	Carol Flynn	772.546.4118
Monday 1 pm Mah Jongg	Ginny Franklin	561.339.4409	Social / First Friday	Sandy Morrow	772.545.1936
Morning Mah	Carol Flynn	772.546.4118	Tennis	Tom D'Avanzo	772.545.7229
Jongg			Women's Club	Pres: Sue Arnold	216.409.1480
Pickleball	Ron Doucette	772-245-8484	of the Retreat	Vice Pres: Meg Ochoterena Sec: Cindy Sibilia Treas: Fran	516.457.0476
Poker - Guys & Gals Fri. Nights	Otto Vernaccio Sr.	772-546-7523			908.295.6658 937.657.0249
Poker - Texas Hold 'Em	Joe Ciocia	772.545.9767		Spaulding	

REFLECTOR REMINDERS FOR LANDSCAPING

A single blue reflector placed on or next to a plant, shrub, or small tree means Do Not Trim This Plant, Shrub or Small Tree. All other plants, shrubs, and small trees in the yard may be trimmed by Impact. If the blue reflector is placed by a grouping of the same plants, shrubs, or small trees then none of the plants in that grouping will be trimmed. All other yard landscaping will be trimmed.

Example: If you have five hibiscus shrubs in a group, a single blue reflector means Do Not Trim any of the Hibiscus in this particular group.

A red reflector visibly placed anywhere in the yard means Do Not Trim any Landscaping in this Yard. The homeowner will be responsible for all landscape trimming RED and removal of the trim debris. Please do not place a red reflector in your yard, then ask Impact to trim certain plants, shrubs, or small trees in your yard. Use the Blue reflectors instead.

Blue: Do not trim this plant or grouping of the same plant.

Red: Do not trim any landscaping; homeowner will be responsible.

If you do not want chemicals (fertilizer, pest control, fungal spray, weed killer, etc.) used on your property, place a work order online or through Signature Property Management requesting a No Chemical sign for your yard. Homeowners will be responsible for correcting any landscape problems that may develope in their yards.

Example: Nutritional deficiency, driveway and lawn weeds, cinch bug disease, fungal disease. Please note that if you place a no chemical sign in your yard, Impact will not treat your yard with any chemicals. With 555 homes, Impact is not able to customize chemical applications for each yard.

Questions? Please Email Rick Renshaw, BOD VP and Landscape Liaison at: retreatrickrenshaw@gmail.com



BLUE



The Retreat appears to have gone to the dogs! This issue of the newsletter features some of the wonderful fur persons that make living here such a pleasure. A couple of months ago, I spotted a gentleman walking by himself, and I asked if he knew that you were not allowed to walk without a dog. He started to protest, then realized that I kidding.

I know that we also have cats, birds and probably a reptile or two living in the Retreat. But my morning 30 minute bicycle ride often turns into 45 minutes, chatting with all the dogs and their proud owners. Thank you to everyone who contributed!!

Luna and Skye – Two Heavenly Bodies

Luna had been abandoned by two previous owners before I adopted her from *Furry Friends* in Jupiter. At first, she had a lot of issues, but with love and time she is now the perfect snuggly love bug. She is better known as a



Chiweenie or a German Taco.

Then about a year later I adopted her brother Skye, sometimes known as Skye Walker. He came from *Destiny for Dogs*, a fabulous rescue nonprofit in West Palm Beach. They find mostly smaller dogs and put them in foster homes, rather than in kennels and cages, and then find them homes.

Skye was already seven, and no one

wanted to adopt him because he was older. However, dogs that age are the best, and little dogs normally live longer. He is the perfect companion for Luna - and they adore each other. —Leslie McGuirk Mommy calls me Cashew. Daddy calls me "Leave It!" "Drop It!" or "Come Here, Dammit!!!" I am an 18 month old Cardigan Welsh Corgi AKC Champion. I love everybody! And I love chasing



lizards and playing with my friends, Katie and Fireball, and I love to go into their homes and steal their toys. When I was a baby, on my first day home, I pushed the button thingy on the scary floor cleany robot monster, and it woke up and started chasing me!!! I barked and barked at it but it just kept coming after me! Mommy finally saved me after laughing her fool butt off! I hate that thing! Oh, and I have a big bro named Isaboo who tolerates me but he's too old to play with me. I try...and ...try...and...nothin'. He just gives me the stink eye.

-As translated by my mommy, Alene



Our sweet granddaughter Lilliana, seven years old, and puppy Mia, almost five, are growing up together. They are both such a blessing to us. —Dorothy Sacco

Dear Retreat Residents: Please send future contributions for the newsletter to either Jack or Lill. And we thank our readers for their continued support and contributions to the Retreat Newsletter!

- Lill:
- wallylill@comcast.net (772) 545-3732

Jack:

spyker.oles@gmail.com (845) 481-0581 After losing our beloved 14 year old Shih Tzu, Coco, we never thought we could have another dog that wonderful. Then we found Melita. She is our six month old teacup Maltese. Melita has truly opened our hearts and climbed right in! She is such a delightful little love. We look forward

> to many years of joy with our tiny little sweetheart.

-Donna Whitman

The Smallest (and Cutest) Canine on Eldorado!





"Never met this little one before... almost as small as me. So happy the mom is letting us play."

Oliver Says:

"Hope they get ready soon! I love going out to parties!"



— Geri Morgan



"I'm patiently waiting on the sofa... can't wait until they get here. I love when people come over! Sitting up here makes it easier for them to pet and hold me!"



Harry is Not Scary

Harry thinks living in The Retreat is a party every day! Harry loves his walks and his treats! He loves all the neighborhood dogs, but he is not a fan of the deer in the backyard. That's about the only time he will bark. We adopted Harry from the Guide Dog Foundation in Smithtown, NY in 2012, and he will be celebrating his 13th birthday in November.

Harry will be getting a new playmate sometime soon. Keep an eye out for the newest pup on Eldorado! —Liz Condon



Emmett (Kelly or Fox) is a rescue from a kill shelter in Georgia. His original name was Sashimi, which didn't fit him at all. He was a handful for a couple of years, but has settled in to be a funny, energetic, loyal, loving dog. He likes other dogs more than most people. He has never been a lap dog - unless there's food or thunder involved. We originally thought he was a Jack Russell/Dachshund mix, but Linda send a DNA sample for analysis, and he turns out to be a Chihuahua/Dachshund mix, known as a Chiweenie. He is an excellent alarm dog, growling and barking at anyone who comes to our door - including me! He's slowing down a bit, his coat is more and more gray, and his eyes are a bit cloudy, but still has a bit of crazed, wild puppy in him. He's a very good boy! —Jack & Linda Spyker-Oles



You May Call Me MISTER Carson

My Name is Mr. Carson (Downton Abbey fans will understand). My original family had to go into the Witness Protection Program, and left me at the Palm City Animal Shelter in the middle of the night; at least that's what I believe. I hit the jackpot with my new parents, Wally & Lill. They take me for long walks every day and have been nice enough to try out 86 different foods before I found one that I liked. I like to have my ears rubbed, and I love the feeling of sand between my toes. But hate thunder and the sound of the telephone ringing. So if you need to contact my parents, don't call! Stop by and chat and give me an ear rub while you are here. **Business Owners:** The Retreat Newsletter is a great place for you to reach local customers. Ads are business card size in black and white. The ads appear in color on our web site: www.retreatatseabranch.com. Cost for each ad is \$175 for the year—double ads are \$325.00 for the year. A yearly contract is required. Please contact Jack Spyker-Oles at 845.481.0581 or spyker.oles@gmail.com. The revenue from the ads is used to defray our newsletter printing expenses.



